
KNOX NEWS



**MARCH
2023**

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From the Minister's Desk

"A Good Student"

Mother Teresa's charitable works are well known and much admired throughout the world. Lesser known are perhaps some of the writings attributed to her wisdom. For her own reminder and for the benefit of colleagues in service to Christ, Mother Teresa is said to have penned the following set of wisdom, known otherwise as "The Paradoxical Commandments":

*'People are often unreasonable, irrational, and self-centered.
Forgive them anyway.*

*If you are kind, people may accuse you of selfish, ulterior motives.
Be kind anyway.*

*If you are successful, you will win some unfaithful friends and some genuine enemies.
Succeed anyway.*

*If you are honest and sincere people may deceive you.
Be honest and sincere anyway.*

*What you spend years creating, others could destroy overnight.
Create anyway.*

*If you find serenity and happiness, some may be jealous.
Be happy anyway.*

*The good you do today will often be forgotten.
Do good anyway.*

*Give the best you have, and it will never be enough.
Give your best anyway.*

In the final analysis, it is between you and God.

It was never between you and them anyway.'

If any of Mother Teresa's students/apprentices found themselves scratching their heads at the oddity of such wisdom, well, they wouldn't be the first.

Long ago, when Jesus taught his followers in the Sermon on the Mount regarding the lives and disposition of his followers, many were left scratching their heads on their paradoxical nature:

³Blessed are the poor in spirit, for theirs is the kingdom of heaven.

⁴Blessed are those who mourn, for they will be comforted...

⁶Blessed are those who hunger and thirst for righteousness, for they will be filled...
(Matthew 5:3-12).

Be it Mother Teresa or Jesus' teaching of the 'Beatitudes/Blessings,' none of it makes sense, at least according to the 'plumbline' of worldly ways. Followers of such wisdom, according to worldly wisdom, would be but on fools' errand.

Mother Teresa, however, was right when she concluded, "In the final analysis, it is between you and God. It was never between you and them anyway." When and where we may seem to be on fools' errand, Scripture says that we are blessed with glimpses of God's grace working through us.

As followers/students of Christ, when we are faithful to his teaching, others may very well call us 'fools for/of Christ.'

But, what does it matter when it is all between us and God.

Respectfully shared,

Rev. Kim



Session Notes

The Session met on Tuesday, February 7, 2023 @ 7pm. Thirteen elders attended, including the moderator, Rev. Dr. Kim. The meeting opened with prayer and a reflection about Paul's succession speech. (Acts 20:28-35).

Updates: Dr. Kim led a discussion of elder elections according to Section 132 of the Book of Forms. The session will present a candidate to the congregation from our membership.

The session agreed to organise a coffee fellowship following the AGM on March 5.

A committee was begun to develop a church photo-directory.

Visioning and Caring: PWS&D (and Canadian Foodgrains Bank) will be fundraising for relief in Turkiye – Syria after the earthquake.

The Session discussed attendance and membership. Coffee fellowship after services and monthly breakfasts have been seen as successful and reflect an improving attendance. Knox will look at our vision statement and develop a strategy for growth.

Ministry Reports:

Christian Education Committee – Some children will be encouraged to stay in the sanctuary for the church service. The nursery is fully staffed for infant care. During Lent, we will use liturgies from PWS&D.

Mission – Knox ran the Adelaide Soup Bowl for two days in February. The mission committee has accepted the challenge of supporting the education of Lyca Mhone. Several hundred dollars were collected for helping the hungry in Woodstock.

Plans continue for Knox to host Kid's camp again this year.

Pastoral Care - Various calls were made to shut-ins by Marie Yungblut and Dr. Kim. The monthly coffee fellowships are set for March 26 (pastoral care) and April 30 (WMS).

Board of Stewards – The budget for 2023 was presented in advance of the annual meeting.

Restoration Committee \$135,000 is available for the South Side of the church. We will delay the work on the Friendship Centre until funds are available.

Worship – A duty list was circulated for the February 19 communion. Phone Live Streaming usage is stable but not widely used.

Minister's Report – We will symbolise our journey to Easter with liturgy and six candles, one to be extinguished each Sunday of Lent. We plan to celebrate Good Friday with First Baptist Church with the Knox Choir and others leading music worship.

Knox will be hosting a children's (K-Gr. 6) music ministry, starting in the fall of 2023. We have funding for approximately 2 years, at \$7,250 per year. The hospital worship service restarted and Knox has been participating. Knox members/adherents are invited to join. We were all encouraged to develop ministry ideas.

New Business:

The session agreed to reimburse Susan McLennan for attending the APCE conference.

Knox will participate in the Open Doors Woodstock event, in October 2023, as we have in the past.

Other Business - Mark Benner will contact the Woodstock District Development Service (WDDS) regarding volunteers to see if a project can be found for them at Knox.

Next Meeting: Tuesday, March 7 2023 @ 7:00pm

Ways to Give

Did you know we have a variety of ways to submit offerings? Check out the 'ways to give' below -

..... Ways to Give

E-TRANSFER to office.knox.woodstock@gmail.com

CASH – use one of the envelopes provided in the pews

OFFERING ENVELOPES - ask for a box of envelopes from the church office.

CHEQUE payable to Knox Church Woodstock

Pre-Authorized Remittance (PAR) - Contact the church office to sign up for automatic monthly offerings directly from your bank account.

CANADA HELPS – Secure, online donations at <https://www.canadahelps.org> and search for Knox Church Woodstock



Elder Election at Knox Presbyterian Church, Woodstock

The Session discerned the need to strengthen leadership for the work that lies ahead of us all. In this regard, we will be engaging in the ‘election of elders’ to help care for the congregation more effectively through the upcoming times.

We are committed to honoring tried and tested wisdom of our denomination on such matters, i.e., elder election, as shared through our ‘Book of Forms.’ For those interested, we would recommend a read through a section commencing #132 there onwards.

We would like to share, however, couple of important principles of ‘elder election’ that we will adhere to:

First, section 132 of the Book of Forms notes,

“Election to the eldership is the call of God, through the congregation, for service in Christ’s Church. Since the eldership is a spiritual office concerned with the rule and pastoral oversight of the congregation, only suitable men and women should be considered. They should be committed Christians, in regular attendance at public worship, persons of sound judgment and upright character, and either knowledgeable or prepared to learn of the government of the church.”

Second, the Session discerned that we will proceed with what is known as “Ballot of members” (section 132.2.2. of BoF) in dealing with ballots:

“The session prepares a ballot that consist of the names of all professing members of the congregation including elders whose term of service is complete and are eligible for re-election.”

We are also delighted to share with you a helpful resource – scripture based – and penned by the Rev. Dorothy Henderson. (Please see below).

*“Gifts for the Ministry of Eldership”

- **(Character)** A person of good character who is an example to others of how to live in their “speech, conduct, love, faith and purity” (BoF 106:1)
- **(Availability)** A person who is free to meet regularly. (BoF 109)
- **(Visionary)** A person who is able to see the “big picture” of life in the church. This person can look beyond the details of individual programs and issues and see an overview of the congregation. “What is best for the whole congregation?” (BoF 109:1)
- **(Interpersonal skills)** A person who is good at discerning the character of other people. (BoF 109.3)
- **(Spiritually mature)** A person who is comfortable and natural in sharing his/her faith. (BoF 109.4)

- **(Rooted in Reformed Faith)** A person who is grounded in and respectful of the Reformed faith, tradition and government, even though he/she may not have grown up in that tradition. (BoF 110)
- A person who is trustworthy and can hold confidences. (BoF 110.6)
- **(People oriented)** A person who relates well to people of all ages, is a good listener, can ask clarifying questions, and offer support. (BoF 110.2)
- A person who is open to God's Spirit leading the church in new ways and new directions. (BoF 111.1)
- **(Team Player)** A person who is skilled or gifted at personnel matters and in building good teams. (BoF 111.2)
- A person with a strong sense of financial stewardship and deep commitment to responsible financial management. (BoF 113.2)
- **(Mission Oriented)** A person with a strong sense of the global mission of the Christian Church. (BoF 113.1)

*Note: "BoF" stands for 'Book of Forms, PCC'

*Source: Choosing New Elders 2023 (Based on PC PAK, May 2003, *Dorothy Henderson*)

Should you feel any particular member(s) ought to be approached for this important role, please contact a Session member.

Yours in Christ,

Session, Knox Presbyterian Church

Mission Committee Adelaide Soup Kitchen



At the Adelaide Soup Bowl at First Baptist Church on Monday, Feb.20th, Knox served 27 guests. The menu was Shepherd's Pie, coleslaw and apple crisp.

On Friday, Feb. 24th, Knox served 17 guests. The menu was vegetable-hamburg soup and sandwiches of egg salad or tuna. Dessert was applesauce and bananas.

Thank you to all who gave money for the food purchases and to those who donated canned foods.

A big THANK YOU to all of you who came to help cook and serve the meals to our guests -- thank you, Margaret Douglas, Steve McInnis, Nora Martin, Mary Marley, Rev. Dr. Dong-Ha Kim, Anne and Cliffe Jewlal, Lauren Reczuch, Gwen Brown, Alex and Mikayla Voortman, Mark McLennan, Ken and Lynda Whiteford, Don and Elaine Stevens.

Music Moment

Janet vanderSpek

Here are some inspiring words from a song called "Jesus Came":



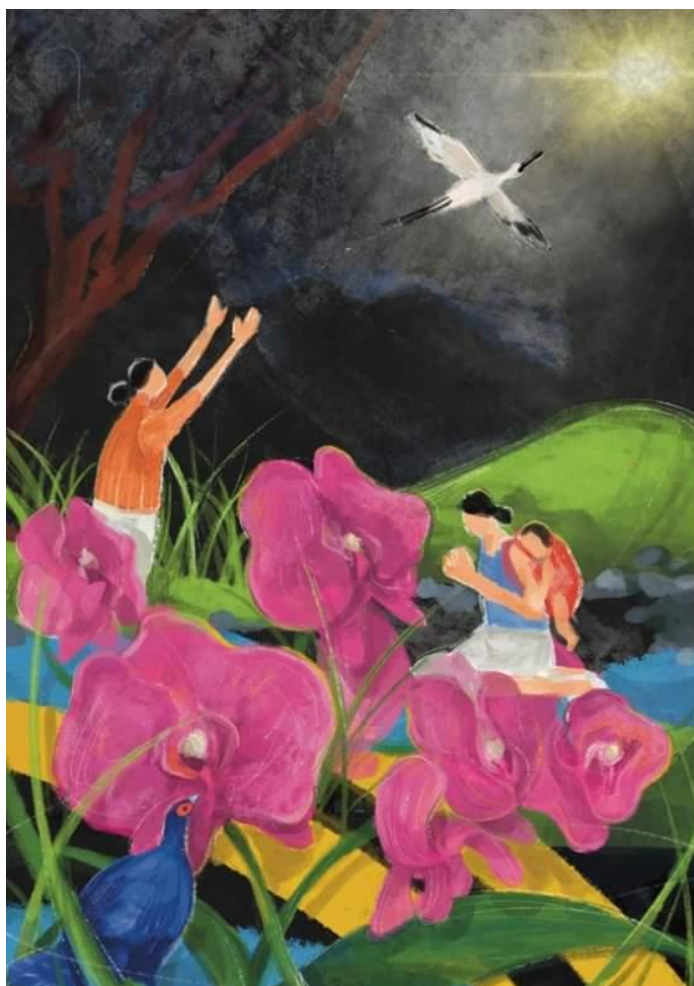
"Jesus came, a cross to bear; Kingly robe and thorns to wear.
Jesus came, a path to blaze; The way for sinners to be saved."

The words and tune were written by Nathan Burbank and Sheri Smith. The song was published in 1996. Unfortunately, I wasn't able to locate background information about Nathan and Sheri.

The World Day of Prayer Service is being held at Knox Church this year. March 3rd, at 2 pm and light refreshments will be served, following the service. Marg McCurdy, Susan McLennan, & Elaine Stevens have organized the event. A wonderful amount of choral guests have been welcomed for the service.

May the continuing journey of Lent be a source of blessing for you. Reflection and prayer are an integral part of this season in the church calendar.

World Day of Prayer



From the Artist Statement
by Hui-Wen Hsiao

World Day of Prayer

Please join us at Knox Church

Woodstock for the

Community-Wide

World Day of Prayer on

Friday, March 3rd @ 2:00 pm

Refreshments following the service

"I Have Heard
About Your Faith"
Ephesians 1:15-19
WDP Taiwan 2023

worlddayofprayer.net



Knox Walks Walked!



On Saturday, February 25, Lynda Whiteford, Steve McInnis, and Nora Martin went for a 5km walk for Coldest Night of the Year, to raise money for Operation Sharing in aid of homeless people here in Woodstock. It was a perfect day, sunny and not too cold.

Thanks to your generosity and support, we have raised \$2,660 so far. If you have not had a chance to donate yet, you still have time, but we'd appreciate getting the donations sooner rather than later, so we can send in the cheques for final tallying. Thank you to everyone who supported us, monetarily and in prayer. We are honoured to represent our church for such a worthy cause.



Mini Spring Market



happiness blooms from within!

COMING SOON

MINI SPRING MARKET

~

Sunday, March 26
during Coffee Hour

~

*homemade crafts to brighten your
home for Spring and Easter*

Our Church Family



Marie Gregor	3-Mar
Mary Ellen Rumble	5-Mar
Eugenia Culp	12-Mar
Marg Douglas	24-Mar
Carol Masters	28-Mar

Happy Anniversary!

Don & Elaine Stevens 4-Mar



We extend our heartfelt sympathy to Ron Gregor and family on the passing of Marg on February 9th. May the Lord's loving arms wrap you in peace and bring you comfort.



Recipe



INGREDIENTS

- 1 tablespoon olive oil
- 1 yellow onion diced
- 6-8 cloves garlic minced
- 6 cups vegetable broth (or stock)
- 15 ounces (420 g) can diced tomatoes, drained*
- 1 teaspoon sugar
- 1 tablespoon Italian dried herbs
- 1 teaspoon kosher salt
- ½ teaspoon black pepper
- 4 (15 ounce) cans white beans (cannellini beans), drained and rinsed
- 4 cups baby spinach or kale (about 6 ounces)
- ¾ cup fresh grated Parmesan cheese (for serving)
- 3 tablespoons chopped fresh flat-leaf parsley

INSTRUCTIONS

1. In a large pot or saucepan, heat olive over medium high heat. Add onion and garlic; cook until onions are translucent and garlic is fragrant (about 2-3 minutes), while stirring occasionally. Add in the broth, tomatoes, sugar, Italian herbs, salt and pepper.
2. Bring to a boil, reduce heat and simmer for 5 minutes to combine all of the flavours together.
3. Stir in the beans and spinach. Continue to simmer gently until the spinach has wilted, (about 2 minutes).
4. Take off heat. Stir through the parmesan cheese. Taste test, adjust salt and pepper if needed.

Serve immediately.

NOTES

*Substitute canned tomatoes for 3 fresh tomatoes, diced

NUTRITION

Calories: 94kcal | Carbohydrates: 7g | Protein: 5g | Fat: 5g | Saturated Fat: 2g | Cholesterol: 11mg | Sodium: 360mg | Potassium: 198mg | Fiber: 11g | Sugar: 2g | Vitamin A: 1695IU | Vitamin C: 10.3mg | Calcium: 179mg | Iron: 1.2mg

<https://cafedelites.com/10-minute-white-bean-parmesan-spinach-soup/>

Word Search

MYSTERIOUS WORD: _____

P	A	R	A	D	E	P	C
A	M	A	R	C	H	I	I
N	L	I	O	F	E	R	T
O	C	N	R	N	T	E	L
R	I	B	A	E	R	L	E
T	S	O	N	E	P	A	C
A	U	W	G	R	O	N	I
P	M	C	E	G	T	D	K

CELTIC
GREEN
IRELAND
MARCH
MUSIC
ORANGE
PARADE
PATRON
POT
RAINBOW
TREFOIL

SOLUTION: PATRICK

P	A	R	A	D	E	P	C
A	M	A	R	C	H	I	I
N	L	I	O	F	E	R	T
O	C	N	R	N	T	E	L
R	I	B	A	E	R	L	E
T	S	O	N	E	P	A	C
A	U	W	G	R	O	N	I
P	M	C	E	G	T	D	K

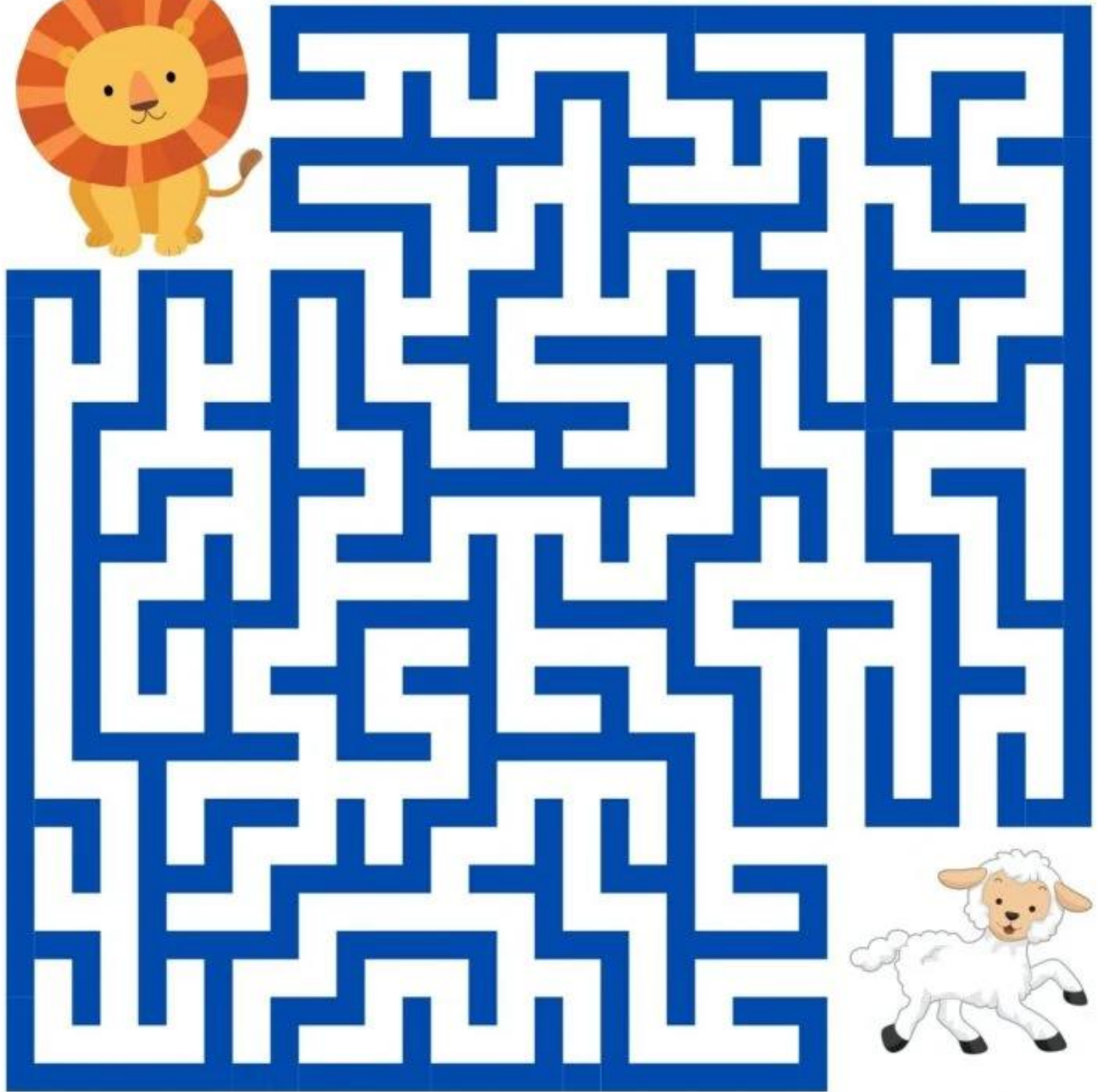




A-MAZE-ing Fun!

MARCH

Comes in like a lion...

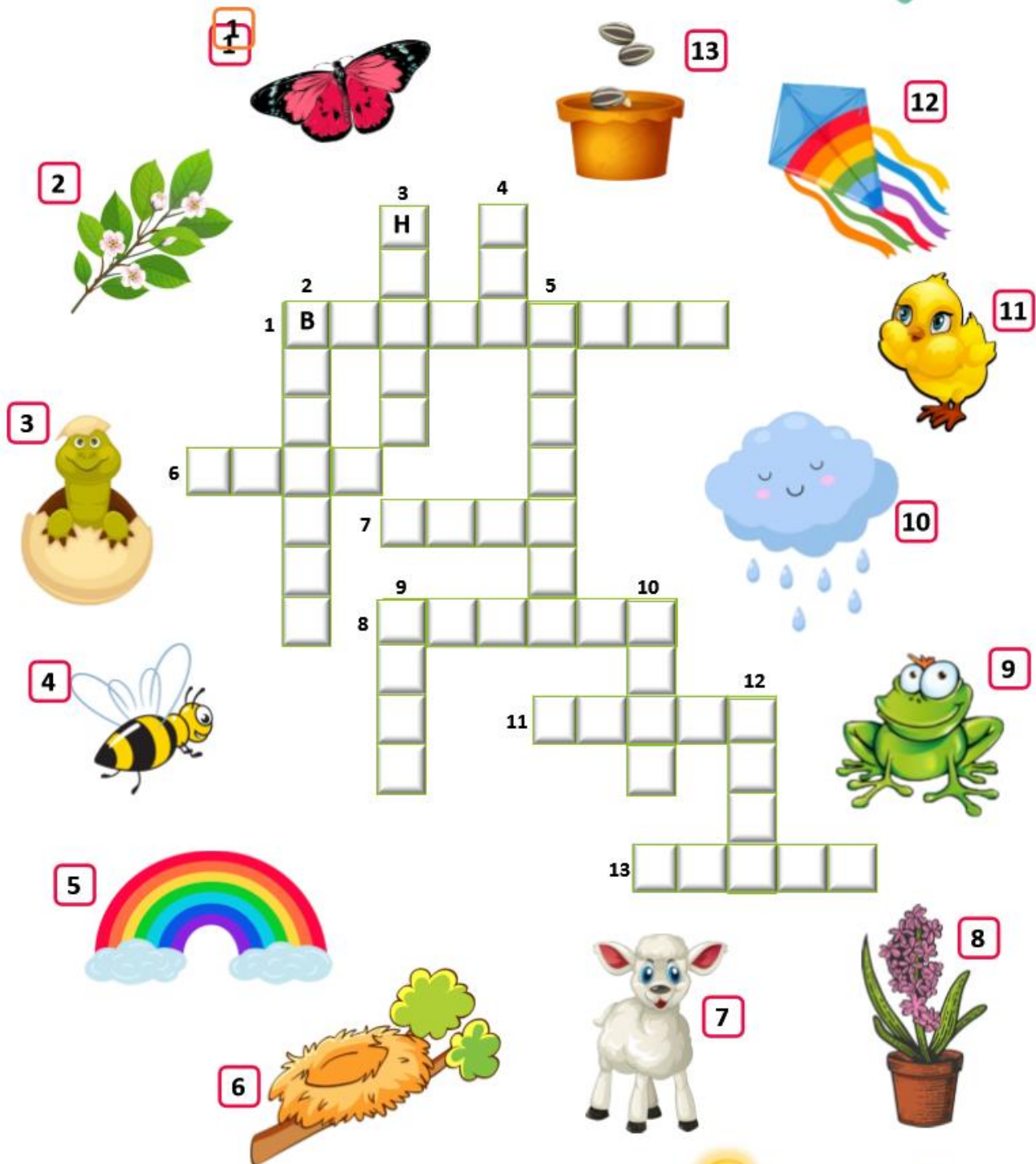


and goes out like a lamb.

Crossword

CROSSWORD PUZZLE

Spring



Funnies



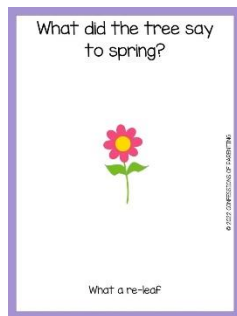
Q: What do you get when you cross a pillow case with a stone?

A: A Sham-rock!



Q: Why shouldn't you iron a 4-leaf clover?

A: You might be pressing your luck!



Q: What do you call leprechauns who collect aluminum cans, used newspapers and plastic bottles?

A: Wee-Cyclers!



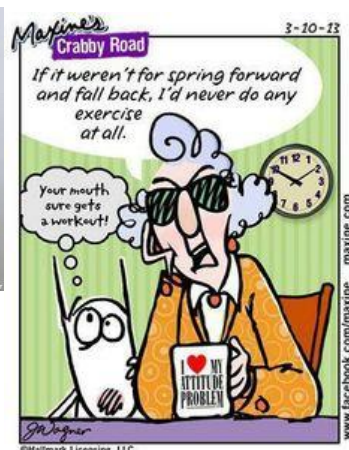
Q: What do you call a big Irish spider?

A: A Paddy long legs!



Q: What do you call a well-dressed lion?

A: A Dandy-Lion!



A GUIDE TO PUTTING YOUR CLOCKS BACK

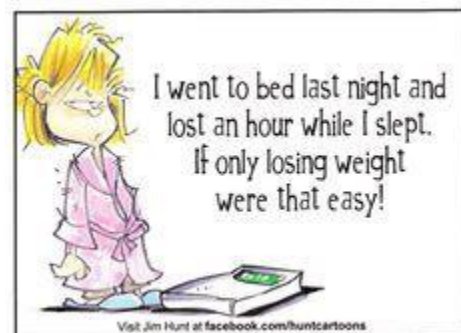
 SMARTPHONE Leave it alone, it does its magic	 SUNDIAL Move one house to the left
 OVEN You'll need a Masters in Electronic Engineering or a hammer	 CAR RADIO Not worth it, wait six months



"My winter fat is gone. Now I have spring rolls"



**Spring Forward
March 12th!**



March 2023 Calendar

March 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Craft Crew 9 am–12 pm Cubs/Scouts 6 pm ACTS Bible Study 7 pm	2 Choir 7:15 pm	3 World Day of Prayer 2pm KAOS 7 pm	4
2 nd Sunday in Lent Breakfast 8:30 am Worship 10:30 am/Annual Congregational Meeting Coffee Hour (after service) Girl Guides 6:30 pm	5 Meditation 10:30 am Pathfinders/Rangers 7 pm Men's Discing 7 pm Meditation (Zoom) 7:30 pm	6 TOPS 9 am Session 7 pm	7 Worship Committee 2 pm Cubs/Scouts 6 pm	8 Mission Committee 10 am Choir 7:15 pm	9 KAOS 7 pm	10
3 rd Sunday in Lent Worship 10:30 am Coffee Hour (after service) Girl Guides 6:30 pm	12 Meditation 10:30 am Pathfinders/Rangers 7 pm Men's Discing 7 pm Meditation (Zoom) 7:30 pm	13 TOPS 9 am	14 Cubs/Scouts 6 pm ACTS Bible Study 7 pm	15 Choir 7:15 pm	16 KAOS 7 pm	17
4 th Sunday in Lent Worship 10:30 am – Coffee Hour (after service) Girl Guides 6:30 pm	19 Meditation 10:30 am Pathfinders/Rangers 7 pm Men's Discing 7 pm Meditation (Zoom) 7:30 pm	20 TOPS 9 am Pastoral Care 2:30 pm	21 Cubs/Scouts 6 pm Prayer Shawl 7 pm	22 KNOX NEWS SUBMISSIONS DUE Choir 7:15 pm	23 KAOS 7 pm	24
5 th Sunday in Lent Worship 10:30 am – Coffee Hour (after service) Girl Guides 6:30 pm	26 Meditation 10:30 am Pathfinders/Rangers 7 pm Men's Discing 7 pm Meditation (Zoom) 7:30 pm	27 TOPS 9 am	28 Cubs/Scouts 6 pm ACTS Bible Study 7 pm	29 Christian Ed 3 pm Choir 7:15 pm	30 KAOS 7 pm	31

