

♥
Hello
February

Knox
News



February 2024
Knox Church Woodstock

From the Minister's Desk

Rev. Dr. Dong-Ha Kim

"Time of Reflection and Stillness"



No sooner we have entered the New Year that we are on the cusp of embracing the Lent Season. Officially, the first Sunday in Lent commences on February 18th, 2024.

Depending on who you ask, lots of opinions will be shared as to what Lent symbolizes. Generally speaking, Lent is a time of deep reflection and stillness before the soul stirring story of Jesus' life and ministry, especially in regards to his suffering, death, and resurrection. There is much for us to discover and reflect upon; thus, we begin our long journey ahead of us.

Granted, we will have six weeks leading up to Easter to cover grounds on this journey together. Not that I want to introduce spoilers to this journey of discovery and reflection; but here are some of the things that I believe God allows us to encounter along the way:

- **A 'time to forgive.'** God will help us to receive His grace so that we may share it with others;
- **A 'time to care.'** God will open our eyes and our hearts so that we might recognize all the opportunities that we have before us to share His love and compassion;
- **A 'time to mourn.'** Our gracious God is with us in all circumstance of our lives;
- And most important of all, **a 'time to be hopeful.'** Lent gives us all the hopeful opportunity to reflect upon the truth that Jesus Christ, in his pain and suffering, speaks to every pain and loss, the 'demons' in our lives, that we have endured and offers us the promise of transformation....

These are all very meaningful points for us to ponder as we anticipate the coming of Lent; I believe the last point will leave us smitten in the most hopeful of ways. Where we are in life today, a lot of us may still hear the 'demons - debilitating challenges' throughout, those that utter threats of suffering and 'bondage' through various circumstances in our life. But as part of our Lenten journey, we remember that the same 'demons' long ago had their final shriek at our Lord Jesus as he hung on the cross, challenging and mocking him on the validity of his authority! But hanging on that cross, our Lord Jesus completed the healing work he began on that day when he boldly spoke in the synagogue and began his ministry of healing, and transformation.

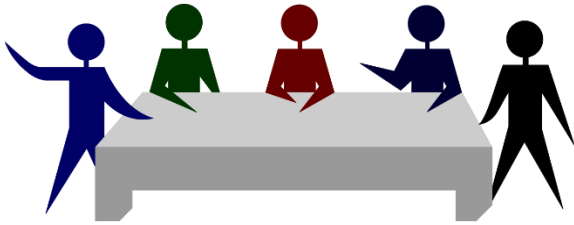
So let us ready ourselves to embark on this Lenten journey together. And by the grace of God, may you find liberation from your own fear, and in turn, may your presence in this world, as the 'salt and light of the world,' help liberate others.

Yours in Christ,

Rev. Kim

Session Notes

Submitted by Steve McInnis



The Session met on Tuesday, January 9 by Zoom. Eleven elders were present. The moderator, Rev. Dr. Kim, led a devotion from Psalm 46:8-10, encouraging trust in God.

Updates:

- There are three members of the church sign committee, but more are needed.
- The photo directory project is continuing with John Dobbs continuing to take photographs.

Visioning and Caring: Prayer cards have been prepared and will be distributed in the pews.

Ministry Reports:

Children's Choir Ministry – Some children are participating on Sundays.

Mission – We received thanks from the Adelaide Soup bowl for our participation in December.

Board of Stewards – A lot of effort has gone into keeping the boiler running. We have a quote to add cameras to the outside of the church, using the government's anti-hate grant.

Worship – The next communion is scheduled for February 11.

Ministers' Report – We considered the need for children and youth at Knox. The hiring of a care worker for the nursery was considered. We also discussed developing a more kid-friendly environment. We may also develop a puppet ministry in the near future.

- The order of the Sunday worship service has changed in January and the changes were discussed.

New Business

- We continue to support Lyca Mhone in Malawi as she studies to become a minister. The current semi-annual support is increasing to \$800, completing the second of our three-year commitment.

Next Meeting: Tuesday, February 27, 2023 @ 7:00pm

Music Moment

Submitted by Janet vanderSpek



"Saviour, Like a Shepherd Lead Us" is a well-loved hymn and it's found in the Book of Praise, among many other hymn books.

Although sometimes ascribed to either Henry F. Lyte or Dorothy A. Thrupp, this text is the work of an unknown author.

The text is a prayer for divine guidance and obedience to God's will. Psalm 23 and the parable of the good shepherd (John 10:18) were the inspiration for verses 1 and 2; the remaining verses contain other biblical phrases.

The tune name is RHUDDLAN, and it is a traditional Welsh tune used by harp-playing folk musicians. It's named after the historic village in northern Wales, and the tune was published in 1800, followed by the harmonization in 1906.

The third verse's text is as follows:

"Let us always seek your favour;
let us always do your will.
Jesus Christ our only Saviour,
with yourself our spirits fill:
blessed Jesus, blessed Jesus!
you have loved us; love us still.
Blessed Jesus, blessed Jesus!
you have loved us; love us still."

World Day of Prayer



World Day of Prayer

“I Beg You...Bear With One Another in Love”

Friday, March 1, 2024 @ 2:00 pm

Dundas St. United Church
285 Dundas St., Woodstock

Light refreshments will be served following the service.

For more information, please call 519537-7935

Leading With Care

Submitted by Lynda Whiteford



TIPS FROM THE CANADIAN RED CROSS

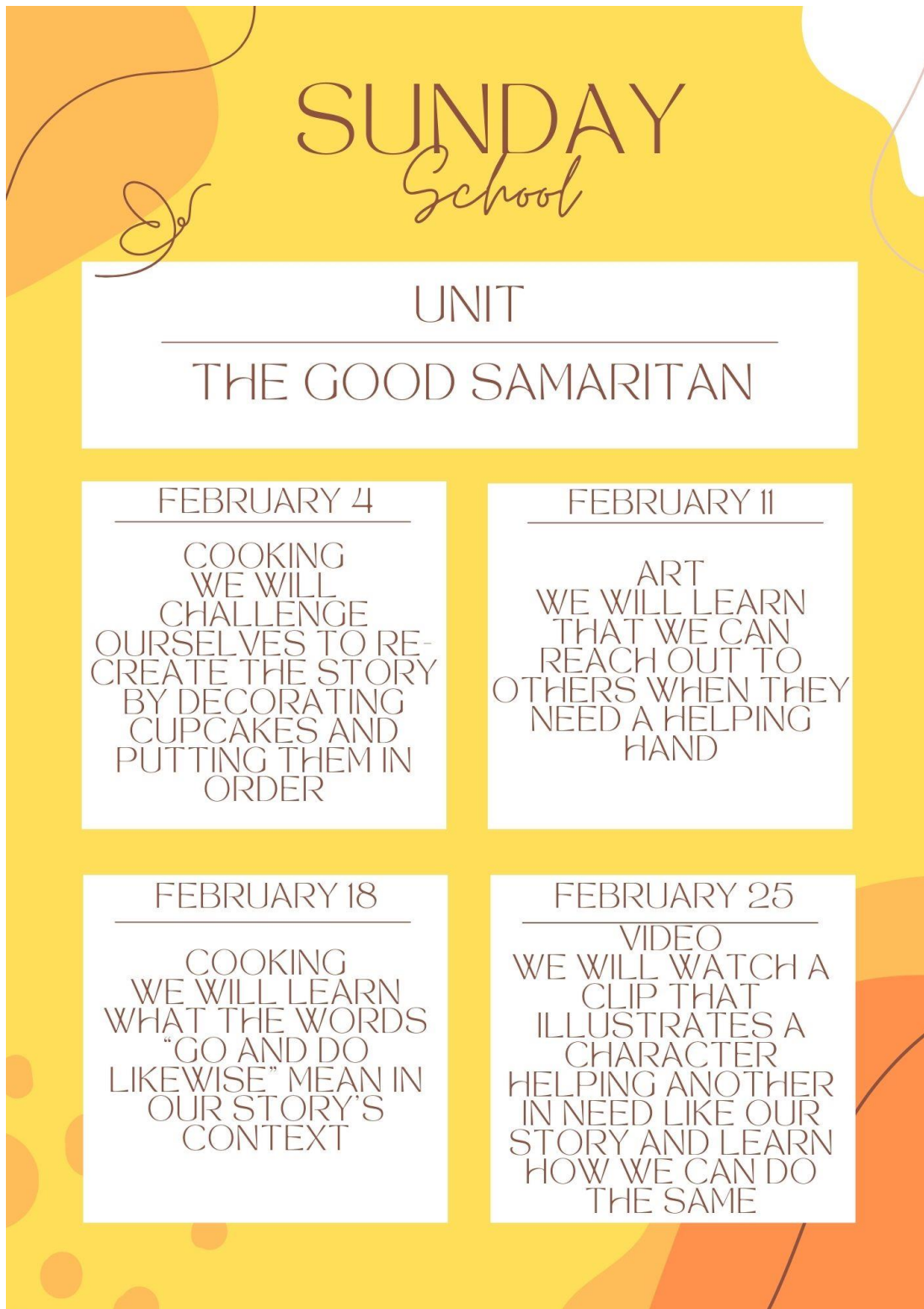
Tip #4

Carry packs of sugar in your purse or car for diabetic emergencies.



Sunday School

Submitted by Mikayla Voortman



Lent Event



PLEASE JOIN US FOR A

Lent Event Potluck

SUNDAY, FEBRUARY 11TH, FOLLOWING
SERVICE

Please join us for a fellowship time of potluck and games time before the season of Lent starts.

IF YOUR LAST NAME STARTS WITH A-J
PLEASE BRING A DESSERT

IF YOUR LAST NAME STARTS WITH K-Z
PLEASE BRING A MAIN

Following the meal we will have a games time, please bring your favourite card or board game to play with others.

Kitchen & Craft Crew



There was a potluck held January 10th and a great time was had by all in attendance.

We had fun, and the food was, not surprisingly, delicious!

There will be a Craft & Fellowship meeting every other Wednesday morning at 9:30 a.m. for anyone who is interested and can come. The invitation applies to all genders! The meetings start January 17 and continue on throughout the spring.

Pies for Easter season:



Do you want a freshly baked pie for Easter but don't want to assemble it yourself? The Kitchen Crew will be taking orders beginning February 1st for **frozen, non-cooked 9" pies** for the Easter season. Flavours offered are 🍏 Apple, 🫐 Blueberry, and 🍒 Cherry.

Orders will be accepted until Feb. 29, and the date for you to pick them up is March 22. Sign-up sheets will be posted at the doors to the church. The cost is \$12.00 per pie. If you have any questions, please contact Rose Izzard or Carol Langille.



Recipe

Creamy Chicken Cordon Bleu Casserole



This chicken Cordon Bleu casserole has all the creamy and wonderful flavor of the traditional dish with a little of the fat and hassle removed.

Prep Time: 10 mins

Cook Time: 45 mins

Total Time: 55 mins

Ingredients

- 1 (8 ounce) package wide egg noodles
- 2 cups chopped cooked chicken breast (rotisserie chicken is a great shortcut!)
- 8 ounces cooked ham, cubed
- 8 ounces Swiss cheese, cubed
- 1 (10.5 ounce) can reduced-fat, reduced-sodium cream of chicken soup
- 1/2 cup 2% milk
- 1/2 cup light sour cream
- 2 tablespoons butter
- 1/3 cup seasoned bread crumbs
- 1/4 cup grated Parmesan cheese

Directions

Gather all ingredients.

Preheat the oven to 350 degrees F (175 degrees C). Lightly grease a 9x13-inch casserole dish. Bring a large pot of lightly salted water to a boil. Cook egg noodles in boiling water, stirring occasionally, until tender yet firm to the bite, 7 to 9 minutes. Drain and transfer noodles to the prepared casserole dish.

Top noodles with chicken, ham, and Swiss cheese.

Mix together condensed soup, milk, and sour cream in a medium bowl until combined; spoon over noodle mixture in the casserole dish.

Melt butter in a skillet over medium heat; cook and stir bread crumbs and Parmesan cheese in hot butter until crumbs are well coated, 2 to 3 minutes. Sprinkle over casserole.

Bake in the preheated oven until casserole is bubbling and lightly browned, about 30 minutes. Allow to cool slightly before serving.

<https://www.allrecipes.com/recipe/231154/creamy-chicken-cordon-bleu-casserole/>

Our Church Family



Susan McLennan	18-Feb
Linda Faulkner	18-Feb
Alice Kern	24-Feb
Ron Gregor	24-Feb
Kathleen Willits	25-Feb



Gerald & Carol Masters	5-Feb
John & Linda Szasz	11-Feb
Don & Rose Izzard	14-Feb



We would like to extend our sincere thanks to all who called, visited, sent cards, text messages and emails, made donations and reached out to us during the recent loss of our grandson, Roger Siple. Also, a special thank you to the Prayer Shawl group for the shawl we received. The love and support of our Knox family was felt and most appreciated.

Brad and Wilma Markle

A Blast from the Past

Photo by Janet vanderSpek



L to R, starting from the front:

Jessica Stere, Brianne Langille, Scott Rumble, Ian Pace, Richard Stere, Clark Rumble, Allison Hardeman, Sara Langille, Krista Seggewiss, Kendra Molinaro, Amanda McIntyre

If you have a "Blast from the Past" you would like to share, please email Kim or bring it in to the office for her to scan.

Ways to Give

Did you know we have a variety of ways to submit offerings?

One of those ways is through Pre-Authorized Remittance (PAR). If you’re interested in switching over to have your offering come directly out of your bank account, fill out one of the PAR forms located at the front and back entrances, or contact Kim in the church office.

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Ways to Give

E-TRANSFER to office.knox.woodstock@gmail.com

CASH – use one of the envelopes provided in the pews

OFFERING ENVELOPES – ask for a box of envelopes from the church office.

CHEQUE payable to Knox Church Woodstock

Pre-Authorized Remittance (PAR) – Contact the church office to sign up for automatic monthly offerings directly from your bank account.

CANADA HELPS – Secure, online donations at <https://www.canadahelps.org> and search for Knox Church Woodstock



Tax Receipts

RECEIPT

TOTAL

Tax Receipts

Tax Receipts will be available in the Friendship Centre

February 4, 11, & 18

Knox Walks for CNOY



Knox Walks – CNOY

Once again this year, Knox will be walking for Coldest Night of the Year on February 24th, to raise money for Operation Sharing. This year's team so far is **Nora Martin, Steve McInnis, and Kim Kenny**. If you would like to join the team, please see Nora.

If you wish to donate to one of us, or to the team as a whole, we welcome your support, which goes to Operation Sharing. Donations can be made online, cheques can be made payable to Coldest Night of the Year and given to one of us, and cash can be given to any team member, who will then enter the amount online and have the receipt sent to you.

Call a Cab – We'll Pick Up the Tab!



Call a Cab We'll Pick Up the Tab!

If you need a *ride to church*, please call **Kendall Cab** at **519-537-2345**, show them a cab card (available at the doors), and Knox Church will pick up the tab!

Funnies

Groundhog Groaners -



Why should you never share a bed with a groundhog?
They always 'hog' the covers!

What do you call a woodchuck with no legs?
A groundhog!

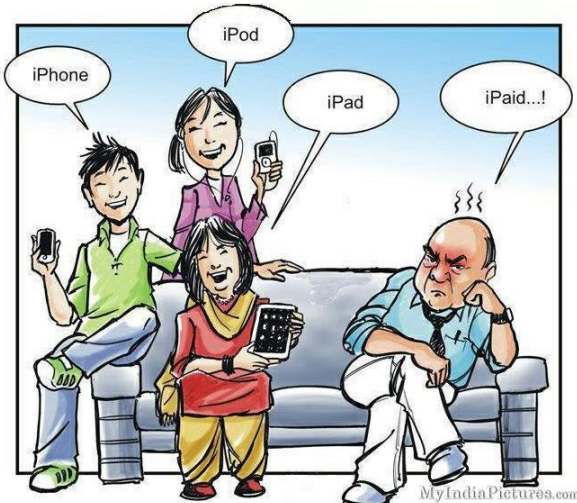


Cheesy Valentine Pick-up Lines -

- Are you the internet? *Because I'm feeling a connection!*
- Do you know why my feet are so cold? *Because you've knocked my socks off!*
- Do you like raisins? *How do you feel about a date?*
- Do you believe in love at first sight – *or should I walk by again?*
- Well, here I am! *What were your other two wishes?*
- Know what's on the menu? *Me 'n' u!*
- Is your dad a boxer? *Because you're a knockout!*
- They say nothing lasts forever – *so will you be my nothing?*



Family Day Funnies -



A boy asks his father, "Dad, are bugs good to eat?" "That's disgusting. Don't talk about things like that over dinner," the dad replies. After dinner the father asks, "Now, son, what did you want to ask me?" "Oh, nothing," the boy says. "There was a bug in your soup, but now it's gone."

My young son ran to me, crying. "Daddy, I stubbed my toe," he sobbed. "Let me kiss it and make it better," I said. "Which toe was it?" "The one that has no roast beef."

My three-year-old sat in the bathroom with me, watching as I removed my dentures and brushed them. After a few minutes, he asked, "Can you take your ears off too?"

My mom wants me to name my kids after people in our family, so I'm naming my firstborn "Uncle Karl".

Word Search

Name: _____ Date: _____



Valentines Day February 14th

DIRECTIONS:
Find and circle the
vocabulary words
in the grid. Look
for them in all
directions including
backwards and
diagonally.

T	S	E	R	A	E	D	D	I	P	U	C	E	Z	C
S	T	S	S	E	E	B	E	O	M	U	W	V	H	D
T	R	R	S	N	N	N	E	B	S	O	K	O	J	N
F	A	E	E	I	G	M	E	M	R	N	C	L	B	E
I	E	W	C	T	A	S	W	R	I	O	R	H	O	I
G	H	O	N	N	P	A	A	P	L	N	O	R	Y	R
I	H	L	A	E	M	F	L	A	H	N	E	V	F	F
L	U	F	M	L	A	F	T	B	G	D	D	X	R	L
O	G	V	O	A	H	E	C	U	B	Y	A	W	I	R
V	O	G	R	V	C	C	U	R	E	N	R	E	E	I
E	T	R	A	E	H	T	E	E	W	S	L	R	N	G
Y	E	R	R	I	O	I	D	H	F	W	I	O	D	E
O	A	N	I	R	T	O	P	C	K	K	N	D	N	D
U	R	O	S	E	S	N	K	I	S	S	G	A	Q	A
E	C	A	N	D	Y	D	E	V	O	L	E	B	E	R

ADORE
AFFECTION
ARROW
BE MINE
BELOVED
BOYFRIEND
CANDY
CHAMPAGNE
CHERUB
CHOCOLATE
CUPID
DARLING
DEAREST
FLOWERS

GIFTS
GIRLFRIEND
HEARTS
HUG
I LOVE YOU
KISS
LOVE
PINK

POEM
RED
ROMANCE
ROSES
SWEETHEART
VALENTINE






Colouring Page



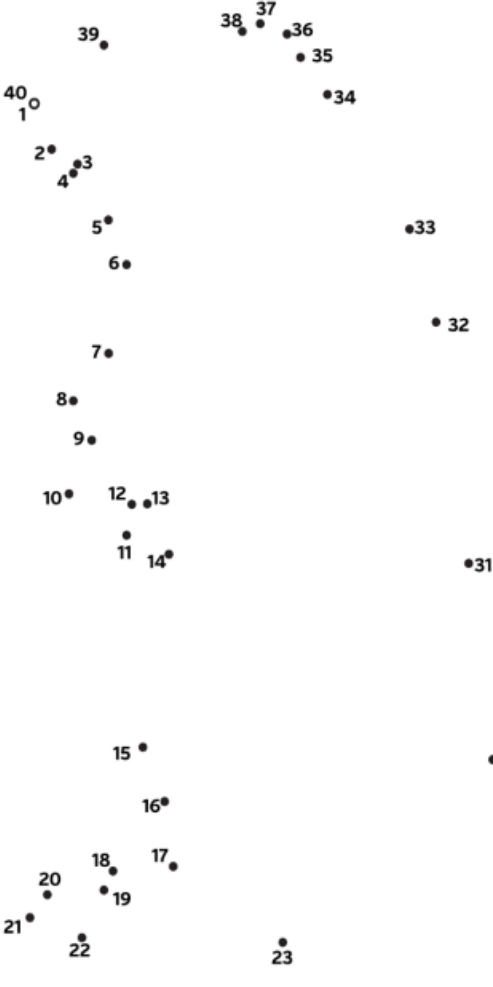
Skip TO MY Lou

A-MAZE-ing Fun!

Groundhog's Day Maze



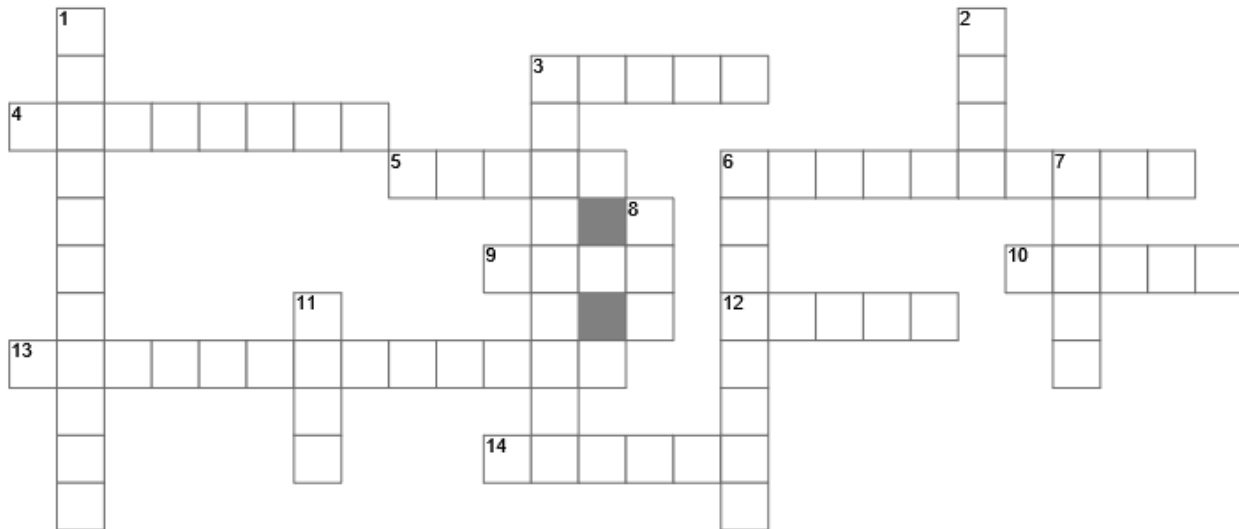
Complete the mazes
then the dot-to-dot



Crossword

Name: _____ Date: _____

Valentine's Day Crossword



HORIZONTAL

3. Shoots arrows at people.
4. The month of Valentine's Day.
5. Cupid shoot this and people fall in love.
6. Valentine's Day is also time for...
9. Valentine's Day is the day of
10. Kids love Valentine's Day because they want to eat a lot of
12. Favorite flower for Valentine's Day.
13. The name of this holiday is
14. Expression often said on Valentine's Day "Be _____"

VERTICAL

1. Heart shaped candy with words
2. Many people send one to a friend on Valentine's Day.
3. "Kisses" is one kind of this type of candy.
6. Valentine's Day is celebrated this day of the month.
7. Symbol of love.
8. Favorite Valentine's Day color.
11. A present.

FRIENDSHIP	CUPID	CANDY	RED
HEART	BE MINE	CHOCOLATE	GIFT
FOURTEEN	FEBRUARY	SWEETHEARTS	CARD
ARROW	VALENTINE'S DAY	LOVE	ROSES

February Calendar

February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 7:15 PM Choir	2 7:00 PM KAOS	3
4 8:30 AM Breakfast (Pancakes & Sausage) 10:30 AM Worship 6:30 PM Girl Guides	5 10:30 AM Meditation 4:30 PM Maria's Fitness Class 7:00 PM Discing 7:00 PM Pathfinders/Rangers 7:30 PM Meditation (Zoom)	6 9:30 AM TOPS 12:00 PM Vocal Lessons 7:00 PM Knox Kids Music	7 1:30 PM Library Crew 6:00 PM Cubs/Scouts 7:00 PM Bible Study (Zoom)	8 10:00 AM Mission 7:15 PM Choir	9 7:00 PM KAOS	10
11 TRANSFIGURATION SUNDAY 10:30 AM Worship (Communion) 6:30 PM Girl Guides	12 10:30 AM Meditation 4:30 PM Maria's Fitness Class 7:00 PM Discing 7:00 PM Pathfinders/Rangers 7:30 PM Meditation (Zoom)	13 9:30 AM TOPS 12:00 PM Vocal Lessons 7:00 PM Knox Kids Music	14 9:30 Craft & Fellowship 1:30 PM Library Crew 2:30 PM Worship Committee 6:00 PM Cubs/Scouts	15 7:15 PM Choir	16 7:00 PM KAOS	17
18 10:30 AM Worship 6:30 PM Girl Guides	19 FAMILY DAY OFFICE CLOSED 10:30 AM Meditation 4:30 PM Maria's Fitness Class 7:00 PM Discing 7:30 PM Meditation (Zoom)	20 9:30 AM TOPS 12:00 PM Vocal Lessons 2:30 PM Pastoral Care 7:00 PM Stewards 7:00 PM Knox Kids Music	21 1:30 PM Library Crew 6:00 PM Cubs/Scouts 7:00 PM Bible Study (Zoom)	22 7:15 Choir	23 7:00 PM KAOS	24
25 10:30 AM Worship 6:30 PM Girl Guides	26 10:30 AM Meditation 4:30 PM Maria's Fitness Class 7:00 PM Discing 7:00 PM Pathfinders/Rangers 7:30 PM Meditation (Zoom)	27 9:30 AM TOPS 12:00 PM Vocal Lessons 7:00 PM Session 7:00 PM Knox Kids Music	28 9:30 AM Craft & Fellowship 1:30 PM Library Crew 6:00 PM Cubs/Scouts 7:00 PM Prayer Shawl	29 2:00 PM Christian Ed 7:15 PM Choir		