

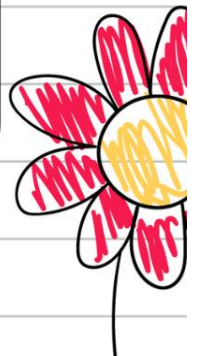
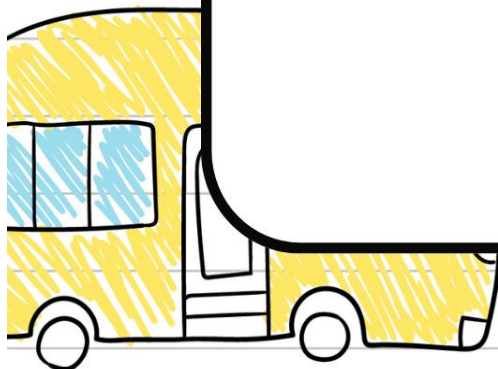


**SEPTEMBER 2024**

**KNOX  
NEWS**

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**Knox Church  
59 Riddell St.  
Woodstock, ON N4S 6M2  
519-537-2962  
knoxwoodstock.ca**



## Minister's Musings

By Rev. Dr. Dong-Ha Kim

### Picture Perfect



No, I am not the photographer responsible for this picture; but I really like it. I'd be happier if one day we could frame this photograph on a wall somewhere.

For those of you not familiar with the context of this photograph, it captures the occasion of setting metal poles for the new exterior lights around our church- part of our 'anti-hate' initiative project. Our congregation had received a generous grant from the provincial

government to combat ill-intended activities around our premise.

Grant aside, it took a 'work bee', a collective action of the community of Knox Presbyterian Church, to make this project happen. As you can see in the photograph, many hands were required over many days of the unforgiving summer to accomplish this feat. Incidentally, we have received several compliments from our neighbors as to how safe they feel as result of this project! Moreover, the new lights complement the aesthetics of our beautiful church building rather well.

Here's something else that I wish to share with you; this photograph has something to do with it. Believe it or not, it reminds me of what Jesus said in Matthew (18:20). Jesus promised that two or more gathered as his followers would assure his presence and become a sacred community that is committed and connected to each other and to God. And this is the ultimate expression of the church as a sacred community. I believe it is this community that our neighbors would have seen on that day when this photograph was captured. They would have seen a representative group of the Knox Presbyterian Church having gathered to build, support one another, serve others, and to celebrate an accomplishment for the benefit of many!

Thanks be to God and amen.

*Rev. Kim*

## Session Notes

Submitted by Steve McInnis



The Session met on Tuesday, June 11. Twelve elders were present. The moderator, Rev. Dr. Dong-Ha Kim, led a devotion regarding serving & connecting (Luke 10:38-42).

As a follow-up from the last meeting, plans to celebrate the 190<sup>th</sup> anniversary were discussed.

**Correspondence:** The PWS&D 2023 Impact report is available to share.

### **Ministry Reports:**

**Christian Education** – This year it has proved impossible to convene Kids' Camp. The committee has started considering how Knox will continue with Christian Education without Kids' Camp.

**Children's Choir** - The project is successful with children and the children have been singing at Sunday Services. Future funding will need to be addressed.

**Leading With Care** – There is new exit signage in the Friendship Centre.

**Mission** – Lyca Mahone has been accepted by the Blantyre Synod to be ordained as chaplain for Friends of Prisons, once her education is finished. She will need Kw 1,200,000 (C\$950) for the next six months. Session agreed to pay this as well as \$1400 for a new computer, which is needed for Lyca's continuing studies.

**Board of Stewards** – New outside lighting is progressing [completed in late June]. The personnel committee is developing a job description for a nursery worker, with input from CE and Leading with Care committees. The annual statistical report is completed and approved by the PCC office.

**Restoration Committee** – Work will start in July and will be completed in October.

**Worship** – The committee discussed the May communion, phone live streaming usage, and the welcome and greeters' cards. They also discussed the upcoming November Anniversary and October Reformation Day services.

**Ministers' Report** – Dr. Kim went on a Study Leave – “The Father Heart of God”. Dr. Kim also attended General Assembly (June 3 – 6) this year as Paris Presbytery representative. Two major items this year were the budget (large deficits) and the church's relationship with indigenous church leaders.

**Next Meeting: Tuesday, September 10, 2024 @ 7:00pm**



## Music Moment

Submitted by Janet vanderSpek

I hope that you have had a pleasant summer time. The amount of rain has caused lots of plant growth especially with the hydrangea varieties!



The new season of Fall activities and programs is about to begin and you are warmly invited to sing with the Chancel Choir. Regular rehearsals take place on Thursday evenings at 7:15, in the sanctuary. In particular, former singers are warmly welcome to be part of the 190th Anniversary Service taking place at Knox Church on November 3rd, 10:30 a.m.



Knox Kids Music - Children's Choir rehearsals will begin on Tuesday, September 17th, 6:30 pm. Please note the earlier time as compared to last season's time of 7 p.m.

Once again, Lorelee Benner will be the wonderful accompanist and we look forward to working with the dedicated volunteers, along with the young singers.

On Saturday September 14th, a fundraiser for Operation Sharing Concert is being held at Knox Church, 7:30 pm. Please see the event poster as part of this newsletter. Eugena Riehl and I will be performing Introduction and Variations (Opus 160) composed by Franz Schubert.



Here are some interesting facts about the composer G. P. Telemann (1681-1767). He was a German Baroque composer and multi-instrumentalist. Telemann is one of the most prolific composers in history, at least in terms of surviving works. (His name is listed in the Guinness World Book of Records because of his record-breaking amount of music composed!)

Telemann was considered by his contemporaries to be one of the leading German composers of the time and he was compared favorably to his friend Johann Sebastian Bach, who made Telemann the godfather and namesake of his son Carl Philipp Emanuel, and to George Frederic Handel, whom Telemann also knew personally.

Much sacred music was composed by him, including 1700 church cantatas, 17 masses, and 6 oratorios.

# Autumn Music Medley



# AN AUTUMN

## Music Medley

Knox Presbyterian Church, 59 Riddell Street, Woodstock

### SATURDAY SEPTEMBER 14

7:30 PM / Free Will Offering

BRASS QUINTET  
&  
WOODWIND QUARTET



## Committee Focus – Knox Stewards

Submitted by Nora Martin

Welcome to the Knox Stewards Committee

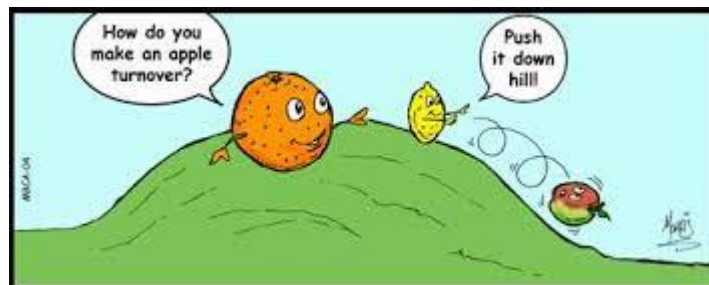


The Stewards are one of the bigger committees of Knox Presbyterian Church. The people on the committee are as follows: David Langille (convenor), Steve McInnis, Nick Hardeman, George Seggewiss, Marg Douglas, Mark Benner, Adam Soward, Rev. Kim.

This committee is in charge of everything that has to do with the physical building and running of the church as a physical entity. They are in charge of the maintenance and welfare of the building, as well as oversight and hiring of staff, and the finances of the church (i.e. Budget, etc.). They also are the body that deals with rental requests. They work closely with other committees to support programs by working on the facilities.

Some of the projects they've worked on recently include the new lighting around the outside perimeter of the church, to enhance safety. They were also involved to some extent with the stained-glass project, the fruits of which we all enjoy in our Friendship Centre. Also, recently they've painted the entry doors on Riddell and Hunter Streets, a great improvement in the look of the outside.

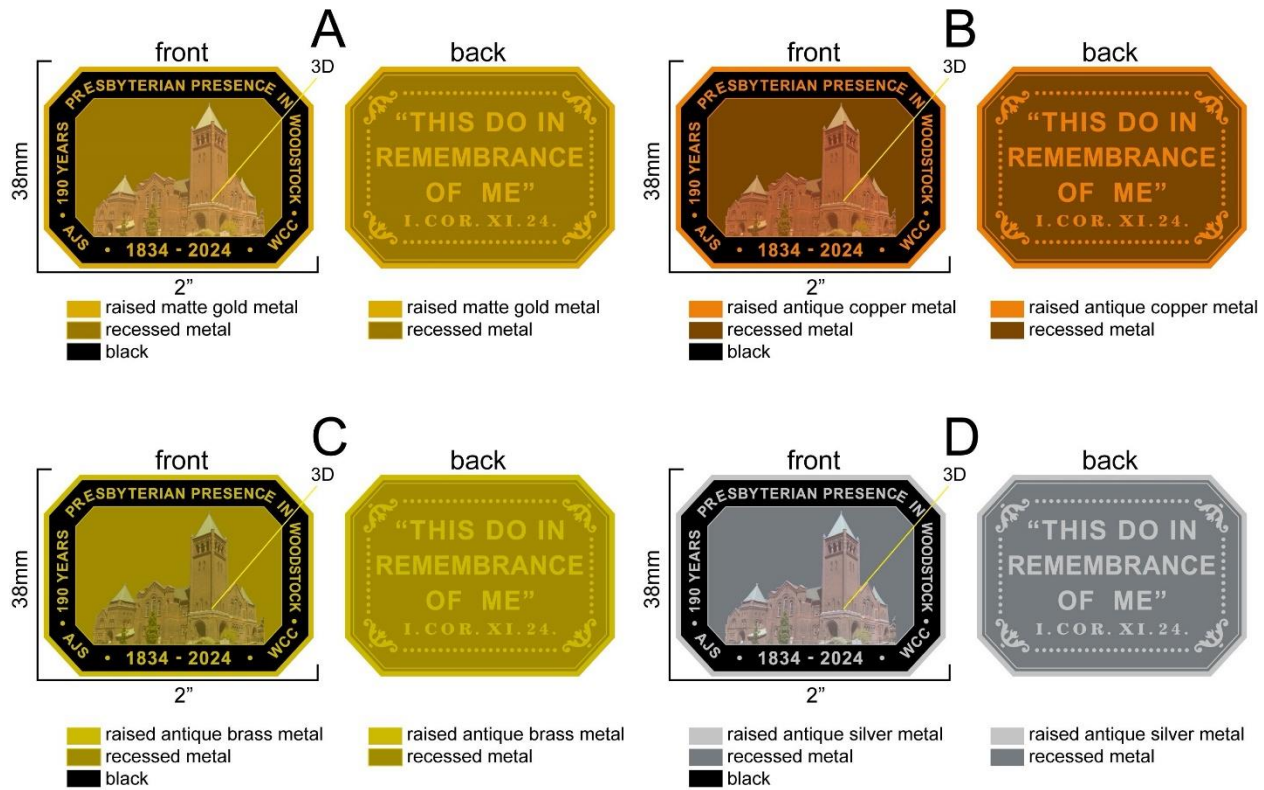
The committee always welcomes new members who are interested in getting involved with the work of keeping up the physical building of the church. They meet the third Wednesday of each month from September to June, at 7:00 p.m. in the Meeting Room next to the library off the Friendship Centre. If you are interested in joining, just contact anyone who is on the committee and find out more.





## ANNIVERSARY COINS AVAILABLE

By now, you might have heard that the Knox Presbyterian Church, Woodstock, will be celebrating its 190<sup>th</sup> Anniversary! To put this event into perspective, we are as old as the City of Toronto. To commemorate this special – once in a lifetime – occasion, the Session discerned that it would be most appropriate to commission an Anniversary Coin in the shape of a ‘Communion Token’ (see design and available colors below). Subsequently, and moreover, this project unfolded in collaboration with the Woodstock Coin Club (Rev. Angus Sutherland, president & designer of the coin).



These coins are now available, in very limited numbers; they will be for sale at a reasonable price of \$15. During the weekdays, you may find them at the church office. They will also be made available during fellowship time on Sunday mornings.

To the best of our recollection, we’ve never had Anniversary Coins as such at Knox Presbyterian Church. Novelty aside, we believe these ‘Communion tokens’ are a meaningful way of celebrating an incredible legacy of our congregation in the Oxford County.

Sincerely,

Rev. Kim

## Committee Focus – Christian Education Committee

Submitted by Lauren Reczuch

Members of the committee are:

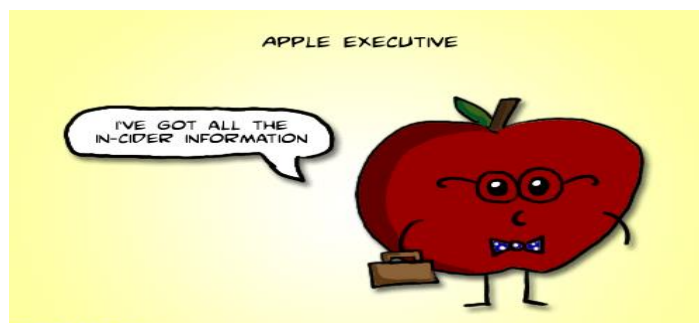


Mikayla Voortman, our Youth and Christian Education Director, Lauren Reczuch, Courtney Soward and Marg McCurdy.

We are responsible for the Sunday School, Nursery and Library. We meet the last Thursday of each month. At our meetings we choose curriculum, arrange for teachers and helpers both for the Sunday School as well as the Nursery. Currently we are discussing the possibility of a mid week program for Jr. High. A barbeque and recognition Sunday for the students and teachers is one of the highlights of the year.

The library also falls under Christian Education; volunteers are Anne Miller, Josie Miller, Janet Smith, and Marg McCurdy. The committee budgets for new books regularly. There are books for all ages so be sure to check it out.

At present we need a chairperson for our committee as well as volunteers for our Nursery and Sunday School. Are you interested? Come see Mikayla or any one of our committee members. We are always around at coffee hour and would be glad to answer any questions you have.





# Craft Crew



# Craft & Fellowship

Every Other Wednesday @ 9:30 am

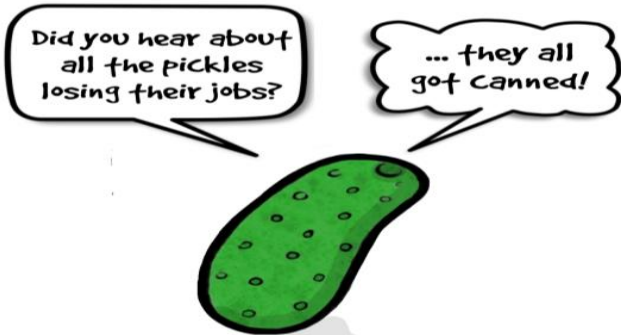
Come and join us every week, starting **September 4<sup>th</sup>** for Craft & Fellowship at 9:30 am. If you don't do crafts, just come and have some fun & fellowship. **Everyone is welcome!**

# Canning Wanted for Bazaar



When you are doing your canning, please remember to do a few extra jars for the bazaar. Everyone enjoys them!

The Bazaar is only 2 months away, November 2<sup>nd</sup>, so start on your craft and sewing projects or join us at Craft & Fellowship to work on them!



## Knox Phlox Garden Guild

Submitted by Susan McLennan

A couple of gardeners were reminiscing about the beginnings of the *Knox Phlox* group and our church gardens. May of our current church members might not be aware of how or when the group started.

In 2009, the small beds in front of the church and at the corner were in very rough shape. Plants were overgrown and the beds were full of weeds. A call went out to the congregation – workers were needed and so were plants!



A little history note : **A Guild**, also spelled *gild*, was an association of craftsmen formed for mutual aid and protection and for the furtherance of their professional interests. **Guilds** flourished in Europe between the 11th and 16th centuries and formed an important part of the economic and social fabric in that era. We wanted a more fun name than just “Garden Guild” although we honour the meaning behind the term Guild. We decided on Knox Phlox Garden Guild as our group name.

A surprising number of people showed up on the designated Saturday morning and work began.

As often happens with people who love to garden (!) the gardens expanded over time and additional gardens were created. The majority of our perennial plants were donated by members of the congregation – for example, all the rudbeckia (brown-eyed Susan) came primarily from Joan Willsie and Janet vanderSpek; the hostas came from many people; the iris were reclaimed from along the edges of the church building; the large ornamental grass came from Kevin Rumble. The Solomon’s Seal plant came from Rob and Rev. Anne Blane.

In the garden along the north edge of the parking lot (bordering the neighbor) there is an ornamental Pear tree. This tree was planted to honour Margaret Douglas when she retired as the congregational Parish Nurse. The euonymus shrubs in this garden came from Evelyn



O’Leary. If you look closely in this bed there are some decorative rocks which were donated by the Rock Hound group.

The lilac trees were rescued from a neighbor by Nathaniel Bonnett; the Eastern Redbud was planted as a tiny sapling by Susan McLennan.

In past years the youth group has, on occasion, worked with some of the Knox Phlox members to clean up the property on Earth Day and then enjoy snacks and fellowship together, with the snacks being provided by Knox Phlox.

When Knox Kids Camp was running, the children planted flowers (with the leadership of a couple of Knox Phlox gardeners) in the front bed facing WCI the first week of camp. They always enjoyed that activity!

In 2021, the group volunteered to help our neighbors at the United Way (in the old manse) and ‘adopted’ their garden as part of our outreach.

Typically, the group gathers in spring and fall to work together and divides into teams over the summer months to keep the gardens weeded and watered if needed.

Current Knox Phlox : Joyce Hunter, Laura Turvey, Marie Yungblut, Mark Benner, Nathaniel Bonnett, Dan Molinaro, Alex Voortman, and Noah Bonnett.

We would love to have extra gardeners participate. Many hands make light work! One of our members recently moved, so we welcome and encourage you to join the Knox Phlox Garden Guild.

*I hope this gives you some appreciation for the gardens around the church and perhaps encourage you to walk around the property and look at the gardens surrounding our beautiful building.*





## Woodstock Wonders Ride Yet Again!

Submitted by Nora Martin



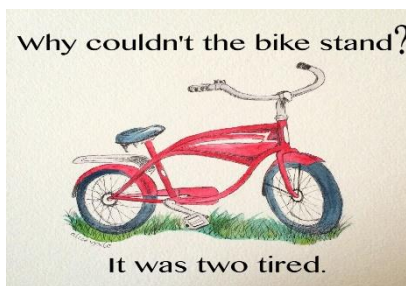
Steve McInnis and I are Knox's team for the PWS&D Journey for Hope on September 28, 2024. We will be biking between 25 and 30 km that day or thereabouts (depending on weather) to raise money for the Food Security programs of PWS&D around the world. You have been generous in the past, and we ask that you contribute whatever you can again this year. Our goal

this year is \$3000 as a team. Every little bit counts! So far, we've already raised about \$150, a reasonable start, but we have a long way to go to reach our goal.

Last November, I actually visited several projects of Canadian Foodgrains Bank aimed at improving food security. One of them was in partnership with PWS&D; it was a cash distribution project to tide over farmers whose crops in 2023 had been destroyed by Cyclone Freddie. The farmers were also given eggplant and tomato seedlings to help with food security in the meantime. Mrs. Mpamba, my hostess for the overnight stay in the village, was one of the recipients of this cash and plant distribution. I actually helped her water the eggplants the morning I was there! She was grateful for the support she has gotten, and prayed that her crops would be abundant this year so she could be independent again as she had been in the past.

It was very special for me to see firsthand the devastation caused by such a natural disaster and meet someone personally who was so deserving of our aid. I would encourage you to contribute whatever you can, so that people like Mrs. Mpamba can have enough nutritious food to thrive. Please contact Steve or me (Nora) if you want to contribute, or visit our website for contributing online.

[Woodstock Wonders \(Woodstock, ON\) - Presbyterian World Service & Development](#)



## Medical Mission Thank You

Submitted by Lauren Reczuch



On June 25<sup>th</sup>, Nora Martin and myself travelled to St. Andrews church in Stratford to drop off your donations from the medical mission project that took place in May. Organizer Jean Aitcheson and staff were thrilled with everything that we had brought.

The Medical Mission Depot is an ongoing mission project that takes up most of the upper floor of St. Andrews church. During that time boxes were packed and ready to go to the Ukraine, South Sudan and Cuba. We learned that if you are having surgery in Cuba, you must provide everything except the surgeon, (rubber gloves, gowns, catheters, etc.). How blessed we are with the medical care we have here.

The Depot is located at 35 Church St. Stratford and is open Tuesday from 9 to 12. It is just off the main street, not hard to find should you have more items to donate. For those who always wondered what to do with their National Geographics, they will gladly take them. The magazines are used for teaching purposes in poorer countries.

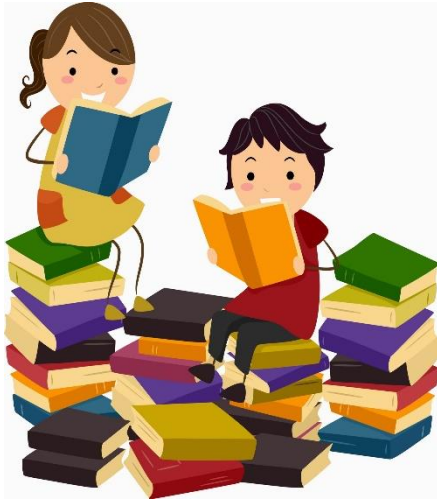
Once again on behalf of the Mission committee thank you so much for your generosity!

God Bless you,  
Lauren Reczuch



## Library News

Submitted by Anne Miller



The Library Crew is hoping that you have had a relaxing and wonderful summer, full of good experiences and reading!

This month we will be getting back to finishing up the backlog of incredible donations that have come in since before Covid. It feels good to be nearly caught up and to finally make these treasures available to you. We hope that you will take time, perhaps during a coffee hour, to browse and find something that will make you laugh, bring you comfort, stretch your faith or all three! If you haven't been in for a while, check out the facelift it's been given and watch for more to come!

In this new season, it's good to start habits that bring us peace and closer to God. Reading can play a part in this, especially when most of us spend too much time using screens of various sizes. Signing out materials is as easy as 1, 2, 3:

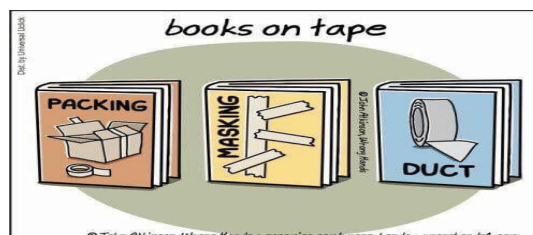
- 1) Find the borrower card (usually at the back)
- 2) Fill in your name, the date and your phone number
- 3) Place the card in the small silver box by the large return box.

That's it! When you're finished, drop whatever you have borrowed in the returns box and our volunteers will replace the card and put it back on the shelf.

Thanks again to everyone who cares about our library and who makes donations, use it for personal enjoyment and take good care of the resources we have. If you have suggestions or would like to join the library crew, speak to one of us. We'd love to talk to you!

Happy Autumn everyone!

Anne and Josie Miller, Marg McCurdy and Janet Smith





## Update on Lyca Mhone

Submitted by Nora Martin

Our congregation has been very faithful in our commitment to support our friend, Lyca Mhone, in her studies for the ministry at Zomba Theological University in Malawi. She has recently started her third and final year of studies and all is going well. A special need came up in the past year, the need for a laptop for her to complete her studies. Thanks to the generosity of the congregation, there was money in the Bursary Fund to help her buy one in Malawi.

Please see in this Knox News Edition (below), the thank you note from Lyca herself to our congregation and Session, no doubt written on her new laptop computer. And I add my own thanks to all of you for your continued support of and interest in my dear friend, my sister from Malawi, Lyca Mhone.

### Thankful to The Knox Presbyterian Church

I am amazed with the kindness and love of God Almighty through you, the Knox Presbyterian Church. What you have done by providing me with the financial support to purchase a brand-new laptop is a tremendous help to my studies that will help me to concentrate and do well than before.

I and my family will forever be grateful to you for your unwavering contributions that are helping me to progress easily with my studies at Zomba Theological University. I have seen the hand of God in my studies through you, the Knox Presbyterian Church. May the wonderful God keep overflowing your cups with miracles so that you bless others more.

With a warm heart full of smiles and grateful.

Yours,  
Lyca and the entire Mhone Family  
Blantyre, Malawi, Africa



## Ways to Give

### Ways to Give

**E-TRANSFER** to office.knox.woodstock@gmail.com

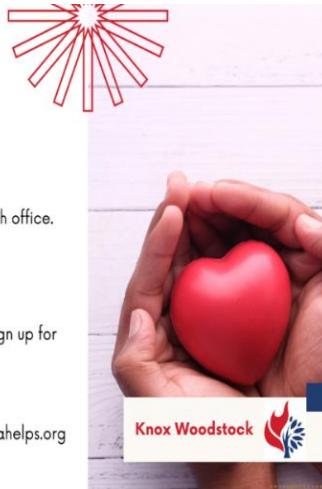
**CASH** – use one of the envelopes provided in the pews

**OFFERING ENVELOPES** - ask for a box of envelopes from the church office.

**CHEQUE** payable to Knox Church Woodstock

**Pre-Authorized Remittance (PAR)** - Contact the church office to sign up for automatic monthly offerings directly from your bank account.

**CANADA HELPS** – Secure, online donations at <https://www.canadahelps.org> and search for Knox Church Woodstock



Did you know we have a variety of ways to submit offerings?

One of those ways is through Pre-Authorized Remittance (PAR). If you're interested in switching over to have your offering come directly out of your bank account, fill out one of the PAR forms located at the front and back entrances, or contact Kim in the church office.

## Call a Cab – We'll Pick Up the Tab!



### Call a Cab

### We'll Pick Up the Tab!

If you need a *ride to church*, please call **Kendall Cab** at **519-537-2345**, show them a cab card (available at the doors), and Knox Church will pick up the tab!



## Fitness Classes

# Get Fit

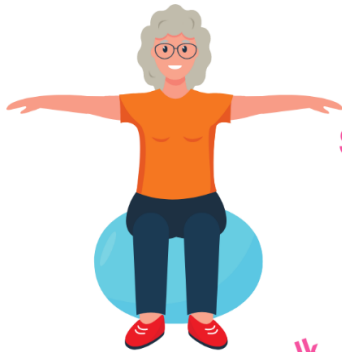
WITH KIM

Senior-Friendly Fitness Class

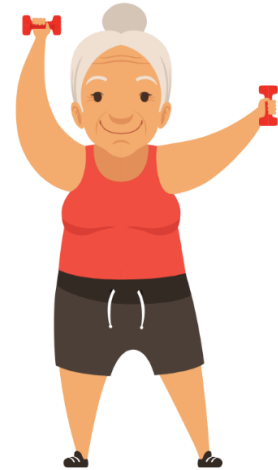
Tuesdays @ 6:00 - 6:45 pm

in the Friendship Centre

- FREE
- Everyone Welcome
- Chair and Standing Exercises
- Low Impact
- Come out and have some fun!



*For more info, talk  
to Kim Kenny*



# Get Fit

WITH KIM

**ZOOM CLASSES**

**MONDAYS**

**6:30-7:00 PM**

**If you haven't been able to  
make it to our Tuesday  
classes, you can join me on**

**ZOOM on Mondays.**

**Contact Kim for the link.**





# KAOS Youth Group



## Sunday School

# SEPTEMBER IN SUNDAY SCHOOL

September 8

Registration Sunday - We will be learning the Lord's Prayer through a game and small craft

**Make sure to register your kids (grades Jk-6) for Sunday School this year!**

After church - Sundaes on Sunday hosted by CE/ Sunday School

September 15

Starting the unit of Abraham & Sarah - we will be learning about this topic for 3 weeks.

Art - we will be learning about God's promise to Abraham by making colourful stars of our own

September 22

Games - we will be learning about the visitors Abraham and Sarah had by discussing different forms of travel and experimenting with paper airplane games

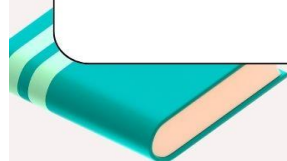
September 29

Video - We will be watching a clip from Despicable Me to learn about how family can change us for God's will

October 6

**Communion - we will start in Sunday School and join service before Communion starts**

We will be learning about the Last Supper and why we do Communion today



## Sundaes on Sunday

# SUNDAES ON SUNDAY

**EVERYONE IS INVITED TO JOIN US IN THE FRIENDSHIP CENTER AFTER SERVICE ON SEPTEMBER 8 FOR ICE CREAM SUNDAES TO CELEBRATE THE START OF A NEW YEAR OF SUNDAY SCHOOL!**

**A LACTOSE FREE OPTION WILL ALSO BE AVAILABLE.**





## Gluten-Free Recipe – Teriyaki Beef and Broccoli

Submitted by Carrie Hardeman

### Ingredients:

**Medium-Sized Rice Noodles**

**Beef Strips**

**Olive Oil**

**Canola Oil**

**¾ cup cooking onion, chopped**

**Can mushrooms**

**Celery stalks**

**Gluten-free Soy Sauce**

**Gluten-free Beef Broth**

**1 large carrot**

**2 cups broccoli pieces**

**Garlic powder to taste**

**Salt & Pepper to taste**

**¼ bottle Gluten-free Teriyaki Sauce**

**2 medium sliced peppers**



Place a large Dutch oven of water on high on the stove until it comes to a full boil, then turn the heat down while continuing to boil the water. Add as many rice noodles as you would like to make. Boil for several minutes until the noodles taste close to done.

While starting the water to heat for the noodles, brown strips of beef in a frying pan with a bit of olive oil. Remove from pan, discard oil and wipe with paper towel.

Add two or three tablespoons of canola oil to the pan to brown the ¾ cup chopped cooking onion.

Add a can of drained mushrooms and sauté until slightly browned.

Add sliced celery two stalks, 2 tbsp soy sauce, and 1 cup beef broth and cook on medium heat.

Add one large sliced carrot. Place the lid on the pan and allow the carrots to steam.

Cut broccoli into bite sized pieces (2 cups) and add to the mixture when carrots look close to cooked.

Sprinkle with garlic powder to your taste, salt and pepper to taste, add a quarter of a bottle of teriyaki sauce.

Add the cooked beef strips back to the pan and two medium sized sliced peppers to the pan and cover.

Add more Teriyaki sauce to the mixture to keep a sauce on bottom of the pan. Add cooked rice noodles to the pan and fold together the noodles and vegetables with sauce.

## Thank You!

Submitted by Susan McLennan

Dear Friends,



I want to express my sincere and heartfelt thanks for all your love and support at the time of my dad's passing in June. We truly appreciate your kind and gracious words, along with the prayers, cards and letters. It is wonderful to have been part of such a faithful Christian community.

May God continue to bless the people of Knox

Peace and Joy,

Susan McLennan and family.

## Blast from the Past



Can anyone guess who this little one is?

Send me in your guesses to be entered in a draw for a \$5 Tim Horton's card! Congratulations to Gwen Wilson on winning last month's draw!

If you have a "Blast from the Past" you would like to share, please email Kim or bring it in to the office for her to scan.

**KNOCK, KNOCK  
WHO'S THERE?**

**OLIVE.**

**OLIVE WHO?**

**OLIVE YOU. DO YOU LOVE ME TOO?**



## Let's Celebrate!



Corrin Reczuch	September 6
Brad Markle	September 15
Gwen Brown	September 15
Robin McCurdy	September 15
Kevin Rumble	September 18
Alex Voortman	September 20
Judy Boodhoo	September 26
Mark Shulman	September 26
Hilda Nichols	September 27
Donna Moyer	September 30



Uwe & Diane Saggau	September 1
George & Nancy Wright – 50 yrs	September 6
Chris & Barb Brown	September 7
Terry & Brenda Weatherbee	September 12

## Congratulations!

Congratulations to **Gwen Wilson** on winning the \$5 Tims Card in July! To enter for this month, see the “Blast from the Past” section of the newsletter.



Congratulations to Janet vanderSpek on the arrival of her great-nephew, Theodore Rodge, born June 27<sup>th</sup> and weighing in at 7lbs 7 oz!



Congratulations to Mark and Lorelee Benner on the arrival of their first granddaughter, Blake Taylor, born July 16<sup>th</sup> and weighing in at 7lbs!



# Funnies



**Bed and Breakfast**





Hundred bucks says there's a coyote under there!



The distance it takes for me to forget a number between 1 and 10



 What is a cat's favourite instrument?  
***Purr-cussion!***

 Why is it bad to iron a four-leaf clover?  
***Because you should never press your luck!***



Three boys are in the school yard bragging about their fathers. The first boy says, 'My Dad scribbles a few words on a piece of paper, he calls it a poem, and they give him \$50.'

The second boy says, 'That's nothing. My Dad scribbles a few words on a piece of paper, he calls it a song, and they give him \$100.'

The third boy says, 'I got you both beat. My Dad scribbles a few words on a piece of paper, he calls it a sermon, and it takes eight people to collect all the money!'

# Word Search

# BACK TO SCHOOL



- |         |           |          |            |
|---------|-----------|----------|------------|
| LESSON  | PAPER     | LUNCHBOX | HOMEWORK   |
| TEACHER | CLASSROOM | REGISTER | BACKPACK   |
| BOOKS   | NOTEBOOK  | DESK     | RECESS     |
| STUDENT | ERASER    | PENCIL   | PLAYGROUND |



letsdopuzzles.com - for personal use only



# Sudoku

## Sudoku - 4 x 4 Puzzle

Write the missing numbers (1 - 4) to complete the grid.  
Each number must only appear once in each row and column.



1	3		2
	4		
	1		
3	2		4

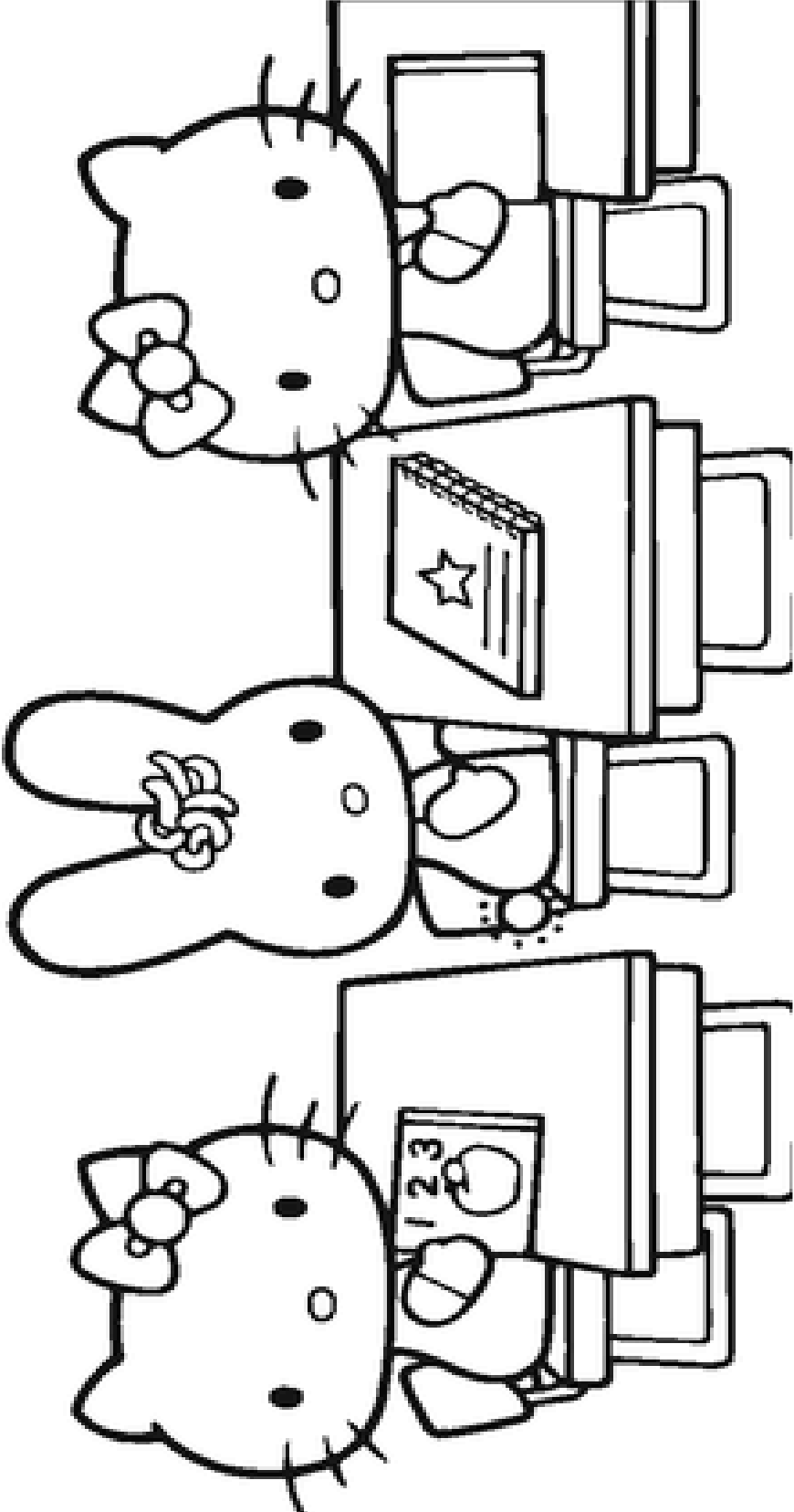
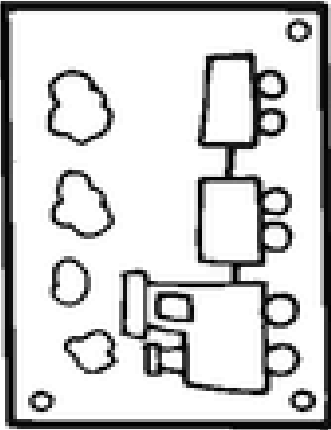
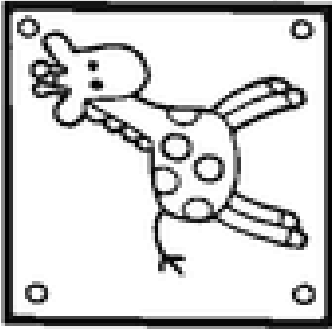
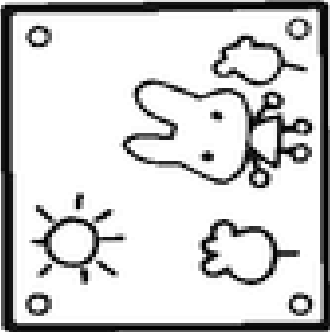
	2		1
	3	2	
	4	1	
	1		3

3		1	
4			3
1			2
2		3	

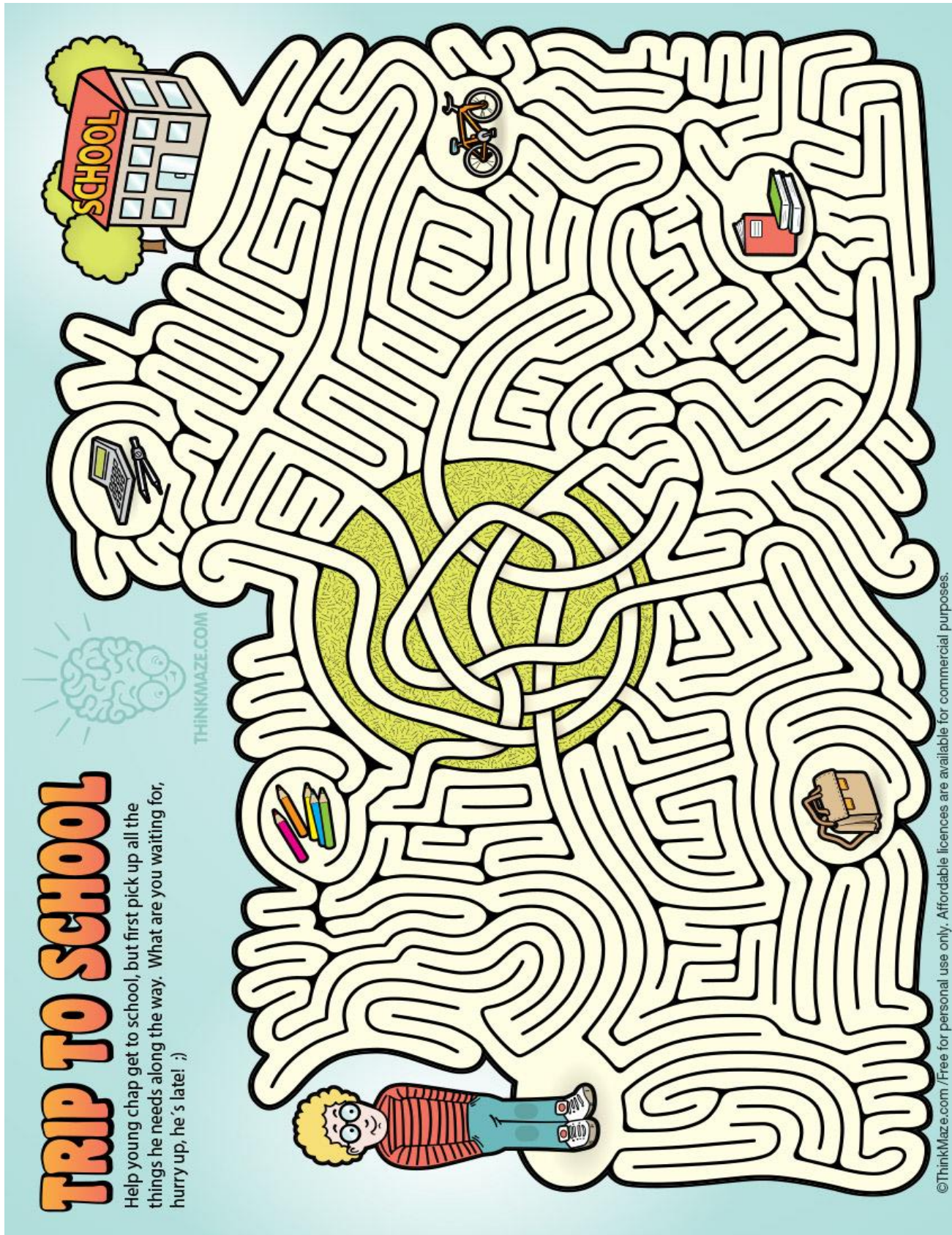
4			
3	1		4
2	4		3
1			



# Colouring Page



# A-MAZE-ing Fun!



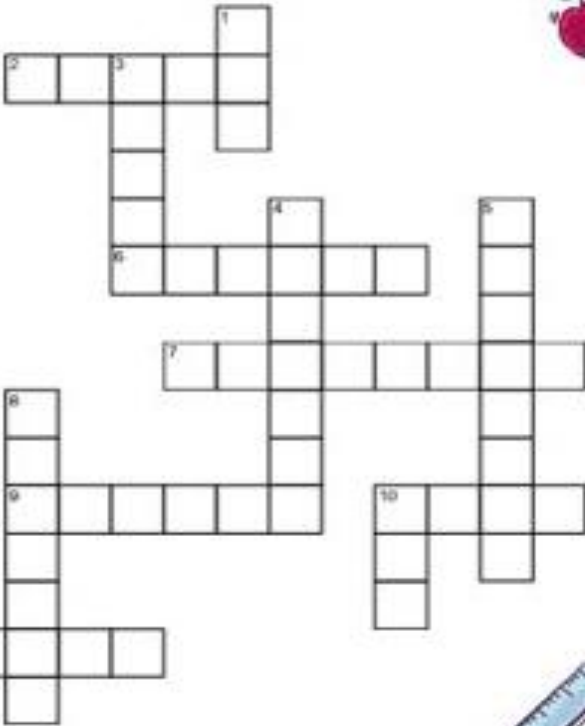
# Crossword



# BACK TO SCHOOL Crossword



Solve the following puzzle based on the clues given!



### Across

- [2] Ten times Four
- [6] Break time of the school day
- [7] Keep your belongings
- [9] A response to a question
- [10] Consisting of pages bound in covers
- [11] People you like to be with

### Down

- [1] Activity of doing physical exercises
- [3] Draw straight lines with this
- [4] A person who teaches in a school
- [5] Used to carry food to school
- [8] Used for coloring
- [10] School transportation





# September Calendar

# September 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 NATIONAL PASTOR'S SPOUSE DAY 10:30 am – Worship Service followed by Coffee Hour	2 LABOUR DAY – OFFICE CLOSED NO Fitness Class Tonight	3 NATIONAL CINEMA DAY 9:30 am – TOPS 6:00 pm – Get Fit with Kim	4 NATIONAL NEWSPAPER CARRIER DAY 9:30 am – Craft & Fellowship	5 NATIONAL BE LATE FOR SOMETHING DAY	6 NATIONAL FOOD BANK DAY 7:00 pm – KAOS	7 NATIONAL PLAY OUTSIDE DAY
8 NATIONAL HUG YOUR HOUND DAY 10:30 am – Worship Service followed by Coffee Hour	9 NATIONAL TEDDY BEAR DAY 10:30 am – Meditation 6:30 pm – Get Fit with Kim (zoom) 7:30 pm – Meditation (zoom)	10 NATIONAL ANTS ON A LOG DAY 9:30 am – TOPS 6:00 pm – Get Fit with Kim	11 NATIONAL MAKE YOUR BED DAY 9:30 am – Craft & Fellowship 2:30 pm – Worship Committee	12 NATIONAL HIGH 5 DAY 10:00 am – Mission Committee	13 NATIONAL BLAME SOMEONE ELSE DAY 5:00 pm – Pork BBQ 7:00 pm – KAOS	14 NATIONAL CREAM-FILLED DONUT DAY
15 NATIONAL LINGUINE DAY 10:30 am – Worship Service followed by Coffee Hour	16 NATIONAL GUACAMOLE DAY 10:30 am – Meditation 6:30 pm – Get Fit with Kim (zoom) 7:30 pm – Meditation (zoom)	17 NATIONAL APPLE DUMPLING DAY 9:30 am – TOPS 6:00 pm – Get Fit with Kim 6:30 pm – Knox Kids' Music	18 NATIONAL CHEESEBURGER DAY 9:30 am – Craft & Fellowship	19 NATIONAL TALK LIKE A PIRATE DAY	20 NATIONAL FRIED RICE DAY 7:00 pm – KAOS	21 NATIONAL PECAN COOKIE DAY
22 NATIONAL WHITE CHOCOLATE DAY 10:30 am – Worship Service followed by Coffee Hour	23 REDHEAD APPRECIATION DAY 10:30 am – Meditation 6:30 pm – Get Fit with Kim (zoom) 7:30 pm – Meditation (zoom)	24 NATIONAL PUNCTUATION DAY! 9:30 am – TOPS 6:00 pm – Get Fit with Kim 6:30 pm – Knox Kids' Music	25 NATIONAL DAUGHTER'S DAY 9:30 am – Craft & Fellowship 2:00 pm – Christian Ed 7:00 pm – Stewards	26 NATIONAL PANCAKE DAY	27 NATIONAL DAY OF FORGIVENESS DAY 7:00 pm – KAOS	28 NATIONAL STRAWBERRY CREAM PIE DAY
29 NATIONAL COFFEE DAY 10:30 am – Worship Service followed by Coffee Hour	30 NATIONAL ORANGE SHIRT DAY 10:30 am – Meditation 6:30 pm – Get Fit with Kim (zoom) 7:30 pm – Meditation (zoom)					

