

Knox Presbyterian Church, 59 Riddell St., Woodstock, N4S 6M2 P: 519-537-2962 F: 519-537-3927 office.knox.woodstock@gmail.com ~ www.knoxwoodstock.ca

Minister's Musings

By Rev. Dr. Dong-Ha Kim

Grace and peace of our Lord Jesus Christ be with you. We are well into the Lenton Season, a season for the journeys of the heart.

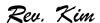
Over the next couple of weeks, the light of our world will slowly fade into darkness, for we are retelling the story of Jesus' betrayal and suffering, and death on the cross.

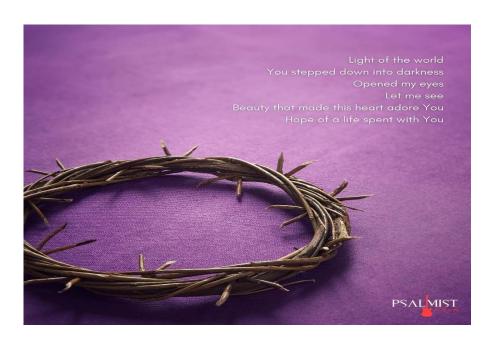


I assure you that we do this not to be morbid, but because in the story of Jesus' death and resurrection, God is revealed in the amazing transformation of death into life, in endings transformed into beginnings, and in dead-ends that become a source for new possibilities. And it is this transformation of the Easter miracle that we remain hopeful and are working towards as a community of faith here at Knox Presbyterian Church, Woodstock.

For me, as a pastor, this occasion is also one more opportunity to thank each of you for believing in our ministry of faithfully proclaiming the Word of God in our community. Our calling is to witness to God's transformation of our lives through the death and resurrection of His Son, Jesus Christ.

May you be blessed with the spirit of renewal and fellowship in Jesus Christ.





Session Notes

Submitted by Steve McInnis



The Session met on Tuesday, March 4 with all eleven elders in attendance. The moderator, Rev. Dr. Kim, led a devotion from Joel 2:27-28 about dreams and plans for the future.

<u>Correspondence:</u> The kitchen crew described expectations for the after-Reformation-Day coffee fellowship, to be shared with the "host"

churches when we meet at Knox.

<u>Vision and Caring</u>: Session discussed how the AGM on April 6 will be held and decided to continue our recent practice of holding the business meeting as part of the Sunday worship service. The session will be arranging a potluck lunch to follow.

Ministry Reports:

CHRISTIAN EDUCATION COMMITTEE – KAOS will sell water at the Choralaires concert in May. We will continue to have PA Day and March Break activities.

STEWARDS - Knox received a \$10,000 anti- hate grant and some projects are being considered to use this money. Over \$1100 was raised for Penelope Yungblut, and received by her family with thanks. The committee will buy a portable PA system for use in various locations. The committee is planning to get a new computer for the church secretary, and her current computer will become the audio-visual computer.

RESTORATION COMMITTEE – Work to begin by 15 May and continue through the summer.

WORSHIP – Knox will host the Good Friday service this year.

TRUSTEES – The Hay estate continues to give money to Knox. The payout will increase because the estate trust has increased in value.

MINISTER'S REPORT – Rev. Kim shared thoughts on the transition from the summer Kids' Camp to other initiatives.

NEW BUSINESS – We agreed to continue our support of the Malawi student, Lyca Mhone, in accordance with the Blantyre Synod's requirement that she complete an additional year of study.

Next Meeting: Tuesday, April 1, 2025 at 7:00pm

Music J Moment

Submitted by Janet vanderSpek

Day of delight and beauty unbounded, tell the news, the gospel spread!
Day of all wonder, day of all splendor, praise Christ Risen from the dead!

Sing of the sun from darkness appearing; sing of the seed from barren earth greening; sing of creation, alleluia!
Sing of the stream from Jesus' side flowing; sing of the saints in water made holy; sing of salvation alleluia!

Sing now of mourning turned into dancing; sing now the mystery, hope of our glory; sing with thanksgiving, alleluia!
Sing now of fasting turned into feasting; sing the Lord's favor lasting forever; sing, all things living, alleluia!



This joyful Easter hymn brings together many images and responses evoked by Christ's Resurrection. As the second verse affirms, it does turn mourning into dancing (Psalm 30:11), for this 20th century text was written to fit the rhythms of a 16th-century Italian dance-song.



Delores Dufner, born in 1939, wrote the inspiring text.

Dufner is an American sacred music composer, librettist, and organist whose works have been included in Catholic hymnals in the USA, Canada, the United Kingdom and Australia.

She is a nun of the Order of Saint Benedict at Saint Benedict's Monastery in Saint Joseph, Minnesota.

Wishing you and yours a Blessed Easter Season!





Join us for Craft & Fellowship every Wednesday at 9:30 am. All are welcome.

Don't do crafts? That's okay! Come and join us for the fellowship.

For questions or concerns regarding the kitchen, please email both Rose (<u>roseizzard@icloud.com</u>) and Carol (<u>cmclangille@gmail.com</u>).

Easter Pies Pick-Up











Pick-Up for Pies is April 13th

Cash payment due upon pick-up



Leading With Care

LEADING WITH CARE

Tips from the Canadian Red Cross

Have you checked out the Canadian Red Cross App on your phone lately?
You know...the one with the BandAid! There are many tips to help us remain healthy and to assist others
who may not be so healthy. Here is one from the App and there are others to follow in the future!



A person has a fever when body temperature is above 38 degrees C or 101.4 F. Fevers are common and usually not harmful. Advise the person to rest and dress lightly. Offer the person fluids to replace the fluids lost in sweating. You can also sponge the person with lukewarm water as long as it does not upset them. Do not use cold water. Continue to monitor the person and be aware of any additional signals or symptoms that occur. In many cases, medication is not necessary. Consult your care provided before taking a fever-reducing medication or giving it to a person for whom you are a guardian. A fever has the potential to cause a seizure in children as their bodies cannot regulate their temperature yet.

Seek medical help if symptoms become severe.

Library News

Submitted by Anne Miller



As I write this, we're halfway through the season of Lent, the time of preparation for the events of Holy Week. While it's important to linger in this time of reflection and pre-emptive grief, we are also moving towards the glory and promise of Easter. Between the horror of Jesus' brutal death on the cross and the incredible joy of His resurrection Easter Sunday is Holy Saturday - another opportunity for experiencing the unsettledness of waiting and wondering, of pausing and praying.

available for this holy season in the library. Some books focus on Easter Sunday, while others tell more of the story leading up to Jesus being brought back to life. Some books talk about His resurrection appearances to the disciples. There is much variety and both books and videos will be highlighted and displayed for you by the time you read this issue of the Knox News.

Please take the time to refresh yourself and dive into this story, Jesus' story, which is the most important one in the whole Bible for us as Christians. Knowing that He lived, died and was raised to life again, and the promise of eternal life that offers us, is priceless. I'm so grateful to authors and illustrators who make the story come alive for all ages so that we can celebrate what our God had done for us in costly love.

Please remember to sign out anything you want to take home with you by filling out the borrower card and putting it in the silver box next to the Return Materials box in the library.

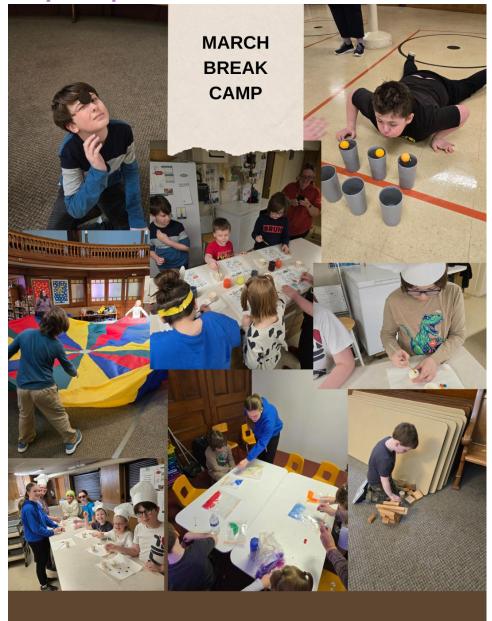
Note: Easter videos will be put out with Easter books. Our other children's videos are stored in the lower drawers of the tv cabinet in the Friendship Centre. Because of previous issues with theft or movies not being returned, the cabinet has been locked for the last while. We would like to keep it unlocked so that anyone can use the videos. If it happens to be locked when you want to look at our collection, the key is usually kept on top of the cabinet.

Happy Easter everyone!

The Library Crew,

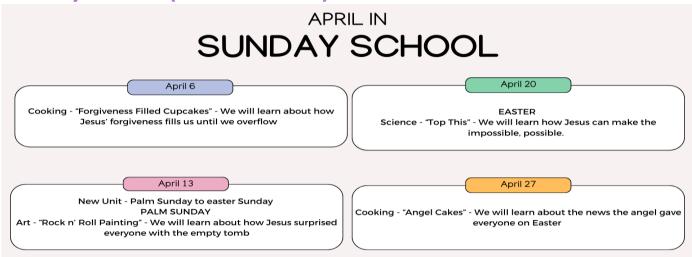
Anne and Josie Miller, Marg McCurdy and Janet Smith

March PA Day Camp



DON'T FORGET TO REGISTER FOR THE APRIL 11 PA DAY CAMP 8:30AM-4PM AGES 4-11 AND COMPLETELY FREE! DEADLINE TO REGISTER IS APRIL 4TH

Sunday School (JK to Grade 6)



Jr. KAOS (ages 8-11)



KAOS (ages 12-17)

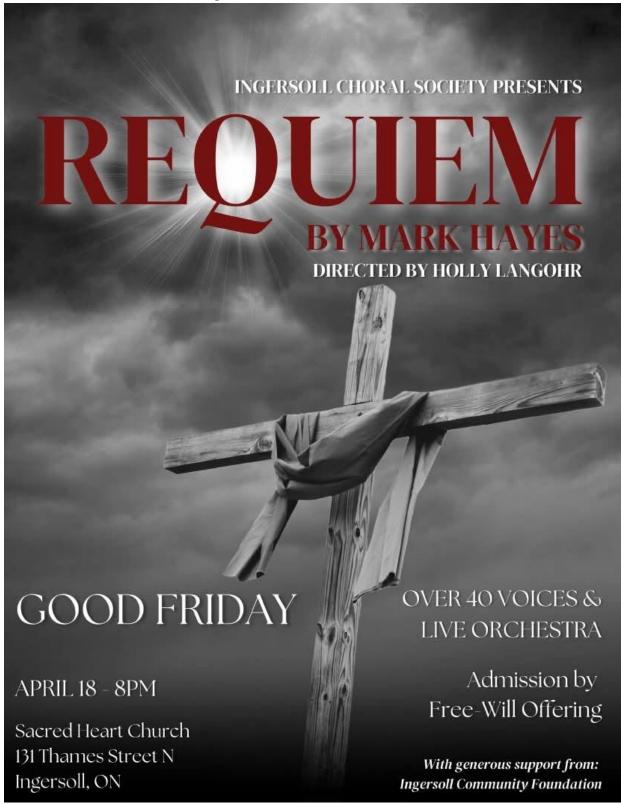


Page | 8

Easter Crafts Fellowship



Ingersoll Choral Society



Recipe -

https://www.pillsbury.com/recipes/mini-shepherds-pot-pies/63263714-df2c-4204-aed5-8b132081d1b0

MINI SHEPHERD'S POT PIES



Prep Time	Total	Ingredients	Servings
40 MIN	1 HR 5 MIN	9	12

INGREDIENTS

- 1 box (14.1 oz) refrigerated Pillsbury™ Pie Crusts (2 Count), softened as directed on box
- 1/2 Ib lean (at least 80%) ground beef
 - 1 small onion, chopped (1/2 cup)
 - 4 teaspoons all-purpose flour
- 3/4 cup Progresso™ beef flavored broth (from 32-oz carton)
- 1/2 teaspoon salt
- 1/8 teaspoon pepper
- 1 1/2 cups frozen mixed vegetables
 - 1 package (24 oz) refrigerated mashed potatoes (about 3 cups)

INSTRUCTIONS

- 1 Heat oven to 375°F. Unroll pie crusts. On lightly floured surface, roll or press each crust to 12 inches diameter. Using 4-inch round cutter, cut 6 rounds from each crust.
- **2** Gently press rounds floured-side-down in bottoms and up sides of 12 ungreased regular-size muffin cups. Bake 9 to 11 minutes or until lightly browned.
- 3 Meanwhile, in 12-inch nonstick skillet, cook beef and onion over medium-high heat, stirring frequently, about 5 minutes or until beef is thoroughly cooked; drain. Stir in flour until blended. Add broth, salt and pepper. Cook about 2 minutes or until mixture thickens. Stir in frozen mixed vegetables. Fill each muffin cup with about 1/4 cup beef mixture.
- **4** Top each with slightly less than 2 tablespoons potatoes. Bake 20 to 25 minutes or until potatoes are lightly browned.
- 5 To freeze: After placing pies in muffin cups, wrap muffin pan in foil, and freeze completely. Transfer frozen pies to labeled gallon-size resealable freezer bag. To bake: Heat oven to 375°F. Remove desired number of pies from bag, and place in sprayed muffin cups or ramekins on cookie sheet. Loosely tent with foil that has been sprayed with cooking spray; bake 20 minutes. Remove foil, and bake 8 to 10 minutes longer or until instant-read thermometer inserted in center reads 165°F.

Let's Celebrate!



Marie Yungblut	April 2	
Barbara Start	April 3	
Hennie Yungblut	April 16	
Josie Miller	April 30	



Bob & Alice Kern	April 9
Tom & Hennie Yungblut	April 15
Gord & Karen Taylor	April 27

Please note: If your birthday or anniversary is missing, and you would like it included next time, please contact the office so that we can update our files.



From George and Carol Yungblut - To all our kind and loving Knox family, words cannot adequately express our thanks for all your prayers, kind thoughts, gifts and very generous donations for our precious granddaughter, Penelope. The loving support our family has received has been so overwhelming and humbling and we just cannot adequately express our gratitude for such generosity.

Penelope's journey is going to be long, difficult and very painful. We would appreciate your continued prayers as she, Paula, Jeff and Asher face this arduous, uncertain path forward.

Again, we thank you on behalf of Penelope, Paula, Jeff and Asher and our son Ryan.



Endless Gratitude (from Jeff, Paula, Asher & Penelope) -

The family cannot express enough how much your support means to them. Every donation, every share of Penelope's story, and every kind word or prayer is a gift that lightens their burden and reminds them they are not alone. Paula, Jeff, Asher, and Penelope are profoundly appreciative of the love and kindness being shown to them and will forever be grateful for the community rallying around them in this fight.



Our heartfelt love, prayers and sympathies go out to Janet vanderSpek and her family on the passing of her sister Cathy's husband, Pete J. Kralt, on March 15th.

Update on Penelope

Jeff and Paula Yungblut



Paula and I (Jeff) want to express our deepest gratitude to each of you for your overwhelming support and generosity over the past six weeks. We feel incredibly blessed to be part of such a compassionate and caring community. We've been wanting to share an update with you for some time, but as Penelope's treatment plan continues to evolve, it's been challenging to put everything into words. The constant changes, along with the emotional weight of this journey, have made it hard for us to

keep up. At the start of this process, we were advised to take things one day at a time, and that advice has proven to be essential. Each day brings new challenges, occasional setbacks, and unexpected changes to the plan. Yet, through it all, one thing remains constant: Penelope's incredible strength. She is truly an extraordinary girl—brave, resilient, and never one to complain. As the only child in Canada undergoing this specific treatment plan, she's breaking new ground. She's fighting harder than anyone could ever imagine, and we can't begin to comprehend the toll it's taking on her body. It's heartbreaking to watch, but she continues to amaze us with her courage.

Penelope has been accepted into a clinical trial for High-Risk Neuroblastoma, which has allowed her to begin immunotherapy ahead of schedule. This treatment will be given alongside her next four rounds of chemotherapy. While immunotherapy is usually introduced after 10-12 months of treatment, this trial is testing whether early administration can further improve



outcomes, as many patients don't make it to the point of receiving this treatment. The drug has been shown to increase survival rates for those who reach that stage of treatment and Penelope is the first child in Canada to participate in this groundbreaking study.

We will move to Toronto for back-to-back bone marrow transplants at SickKids, each taking approximately 6-10 weeks. This means we will be living in Toronto for roughly 4 months. After the transplants, Penelope will continue with additional immunotherapy and possibly MIGB therapy at SickKids.

As you can imagine, this year will be incredibly long and difficult for all of us, but we cherish every single day we have with Penelope. Each moment is a gift, and we are forever grateful for your unwavering support and kindness throughout this journey.

Funnies



What do bees eat for lunch? **HUMburgers!**



What do you call a bee that can't make up its mind?

A Maybe!



What does a wasp say when it is having an identity crisis?

Too Bee or Not Too Bee?



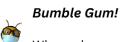
Who writes books for little bees?

Bee-trix Potter!

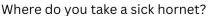


what do you call a bee who is having a bad 🥨 hair day?

A frizz-bee!



What do bees chew?





The Wasp-ital! Patient: Doctor, doctor! I keep seeing

spinning insects! Doctor: Don't worry...there's a bug going

around!



Where do wasps go on holiday?

Sting-apore!

What do you call a fly with no wings?

A Walk! 🚤



What happens if you eat caterpillars? You get butterflies in your tummy!

Why did the bee get married? He found his honey!



What insect is good at counting?

An account-ant!



Why do spiders use google?

To find web-sites!

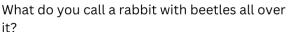


Why wouldn't the fly land on the computer? Because he was afraid of the 'web'!



What do you call a snail on a ship?

A Snail-or!



Bugs Bunny!

When did the fly, fly? When the spider spied her!



What do you call two ants that run away to get married?

Ant-elopes!

A man was looking out his window when he noticed a snail on one of his plants. He picked the snail up and threw it as far as he could. A year later, the old man heard a tap tap tap on his window. When he looked up he saw a very angry snail who looked at him and said, "Hey, nat did you do that for??"

here do bugs get off the train?

the infestation!

Why are frogs always so happy?

They eat whatever is bugging them!

What do you call a bug that hesitates before biting something?

A nervous tick!

What kind of bugs smell the best?





What do you call two spiders who just got married?

Newlywebs!



Why do bees have sticky hair? Because they use honey-combs!

What do butterflies sleep on? Cater-pillows!

Why couldn't the butterfly go to the dance?

Because it was a moth-ball!



Word Search



ANT

APHID

BEDBUG

BEETLE

BUMBLEBEE

BUTTERFLY

CATERPILLAR

COCKROACH

CRICKET

DRAGONFLY

EARWIG

FLEA

GRASSHOPPER

HORNET

KATYDID

LADYBUG

LOCUST

LOUSE

INSECTS

Word Search

DIRECTIONS: Find and circle the insect names in the grid. Look for them in all directions including backwards and diagonally.

Υ G Т R Ν Ζ В В С D L D S С Ζ Υ V Ν Q Q D 0 Ζ В S G Ε G S S R G Н Χ В Q Ν F D Н W Χ Χ 0 0 Ν С Υ D ٧ 0 Q G U В В Ε 0 0 D Ζ Κ Α G С R Т R Μ F Ε Ε С Н W R 0 U Υ G D Ζ Ζ Ε С R Α Τ R В В S Τ В В F Κ G 0 D Ε D Т С 0 Ζ R Χ Ρ Ε G Ζ D R S М 0 0 D В Q Κ Т М С Υ Κ С В Η 0 0 S M C Η Q Υ Q В Q Ε Ε Ε В В Μ В Μ Т Ν В 0 G Ε S G Ν В 0 С Τ Ρ Ε Н Ν Υ J Μ

MOSQUITO

MOTH

SILVERFISH

TERMITE

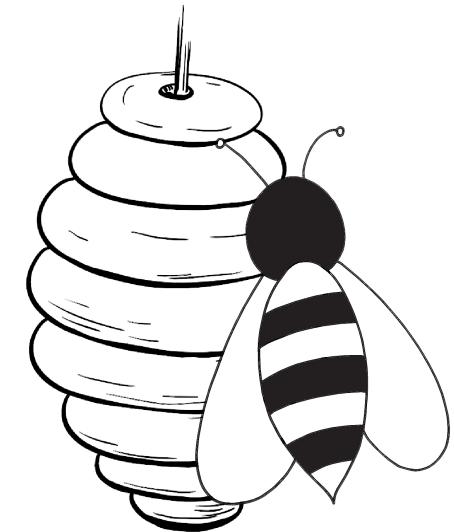
WASP

WEEVIL



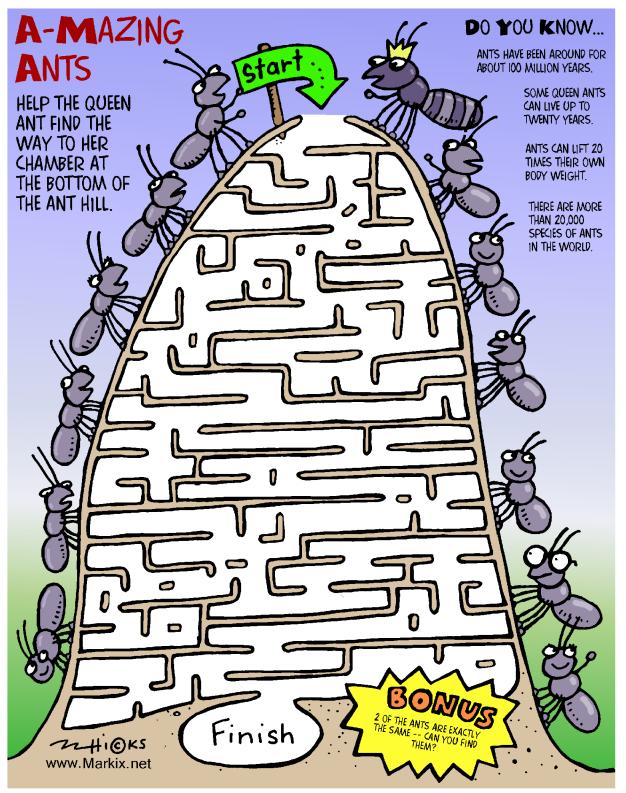
© 2022 puzzles-to-print.com

Colouring



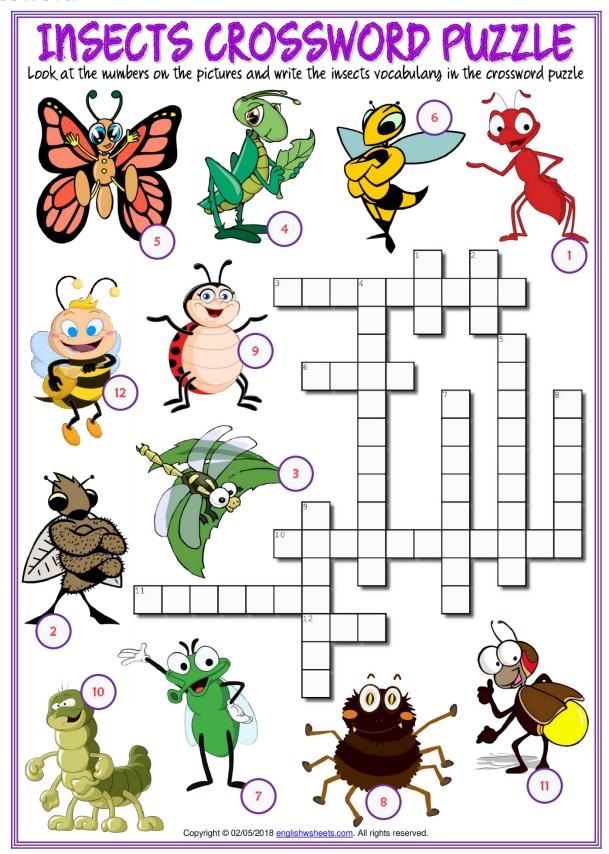
Kind words are like honey,
sweet for the soul &
healthy for the body.
- Proverbs 16:24

ANT-maze-ing Fun!



Copyright MARK A. HICKS, illustrator. All rights reserved.

Crossword



Knox Kids' Music





TUESDAYS 6:30-7:15 PM

GRADES SK AND UP

Knox Presbyterian Church, 59 Riddell St. Woodstock Email office.knox.woodstock@gmail.com for more information













Ways to Give

Ways to Give

E-TRANSFER to office.knox.woodstock@gmail.com

CASH – use one of the envelopes provided in the pews

OFFERING ENVELOPES - ask for a box of envelopes from the church office.

CHEQUE payable to Knox Church Woodstock

Pre-Authorized Remittance (PAR) - Contact the church office to sign up for automatic monthly offerings directly from your bank account.

CANADA HELPS – Secure, online donations at https://www.canadahelps.org and search for Knox Church Woodstock



Fitness Classes



talk to Kim Kenny

Get Fit WITH KIM

Senior-Friendly Fitness Class

ZOOM CLASS -

MONDAYS

3:45 to 4:15 pm

IN-PERSON CLASS -TUESDAYS

3:45 to 4:15 PM



Everyone Welcome Chair and Standing Exercises Low Impact Come out and have some fun!

Accessibility

Accessibility



Our church is fully equipped to ensure comfort and accessibility for all visitors.

We offer an accessible *ramp* and *elevator*, as well as *wheelchairs* and a *walker* available onsite for those who need assistance.

Assistive Listening Devices

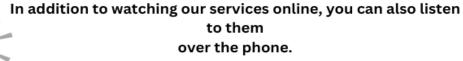


Assistive Listening Devices are available for your convenience.

They are located on top of the mailboxes outside Kim's office.

If you would like to use one, and need assistance, please ask an usher or one of the sound crew to help you out.

Phone Live Stream



Please consider sharing the number with those who don't have internet access.

The toll-free number is 1-833-313-1504



Call a Cab We'll Pick Up the Tab!

If you need a *ride to church*, please call **Kendall Cab** at **519-537-2345**, show them a cab card (available at the doors), and Knox Church will pick up the tab!

April Calendar



Ш	iuai								
	Saturday	ĸ	12	19	3:00 pm Choralaires Concert				
	Friday	6:00 pm KAOS	6:00 pm KAOS	KNOX NEWS SUBMISSIONS DUE 6:00 pm KAOS	5.5 6.00 pm KAOS 7:00 pm Choralaires Rehearsal				
	Thursday	3 6:00 pm Jr. KAOS 7:00 pm Choir	10 10:00 am Mission Committee 6:00 pm Jr. KAOS 7:00 pm Choir	17 6:00 pm Jr. KAOS 7:00 pm Choir	24 6:00 pm Jr. KAOS 7:00 pm Choir				
	Wednesday	2 9:30 am Craft & Fellowship 6:00 pm Cubs & Scouts	9 9:30 am Craft & Fellowship 2:30 pm Worship Committee 6:00 pm Cubs & Scouts 7:00 pm Bible Study (Zoom)	16 9:30 am Craft & Fellowship 2:00 pm Prayer Shawl 6:00 pm Cubs & Scouts	23 9:30 am Craft & Fellowship 10:00 am Foodgrains Meeting 2:00 pm Christian Ed 6:00 pm Cubs & Scouts 7:00 pm Bible Study (Zoom) 7:00 pm Choralaires Rehearsal	30 9:30 am Craft & Fellowship 10:00 am Foodgrains Meeting 2:00 pm Christian Ed 6:00 pm Cubs & Scouts			
	Tuesday	9:30 am TOPS 3:30 pm Get Fit 6:30 pm Knox Kids' Music 7:00 pm Session	8 3:30 pm Get Fit 6:30 pm Knox Kids' Music	9:30 am TOPS 2:30 pm Pastoral Care 3:30 pm Get Fit 6:30 pm Knox Kids' Music	22 3:30 pm Get Fit 6:30 pm Knox Kids' Music	29 9:30 am TOPS 3:30 pm Get Fit 6:30 pm Knox Kids' Music 7:00 pm Stewards			
	Monday		7 3:45 pm Get Fit (Zoom) 7:00 pm Men's Discing 7:00 pm Pathfinders 7:30 pm Meditation (Zoom)	14, 10:30 am Meditation 3:45 pm Get Fit (Zoom) 7:00 pm Men's Discing 7:00 pm Pathfinders 7:30 pm Meditation (Zoom)	10:30 am Meditation 3:45 pm Get Fit (Zoom) 7:00 pm Men's Discing 7:00 pm Pathfinders 7:30 pm Meditation (Zoom)	28 3:45 pm Get Fit (Zoom) 7:00 pm Men's Discing 7:00 pm Pathfinders 7:30 pm Meditation (Zoom)			
	Sunday		6 Coffee Hour after service 6:30 pm Guides	133 oam Worship Coffee Hour after service 6:30 pm Guides & Rangers	20 10:30 am Worship Coffee Hour after service 6:30 pm Guides	27 Lo:30 am Worship Coffee Hour after service 6:30 pm Guides & Rangers			



You Took My Place

Submitted by Gwen Brown

You Took My Place

One day, a man went to visit a church.

He arrived early, parked his car, and got out.

Another car pulled up near, and the driver got out and said,

"I always park there. You took my place!"



The visitor went inside for Sunday School, found an empty seat, and sat down.

A young lady from the church approached him and stated,

"That's my seat! "You took my place!"

The visitor was somewhat distressed by this rude welcome, but said nothing.

After Sunday School, the visitor went into the church sanctuary and sat down.

Another member walked up to him and said,

"That's where I always sit. You took my place!"

The visitor was even more troubled by this treatment, but still said nothing.

Later, as the congregation was praying for Christ to dwell among them, the visitor stood, and his appearance began to change.

Horrible scars became visible on his hands and on his sandaled feet.

Someone from the congregation noticed him and called out,

"What happened to you?"

The visitor replied, as his hat became a crown of thorns,

And a tear fell from his eye, "I took your place."

Author Unknown